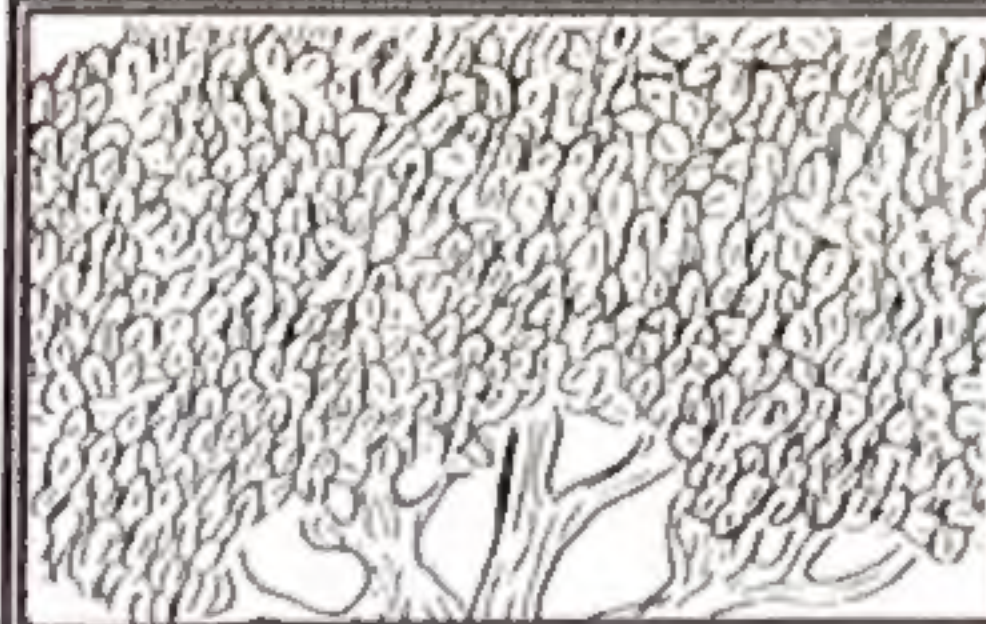




Chilling out
From exercise to
music, students reveal
how they relieve stress

page 9



What's in a name?
Find out how your
name evolved over the
years

page 12

VOLUME 65 · ISSUE 1 SHAKERITE

SHAKER HEIGHTS HIGH SCHOOL · 15911 ALDERSYDE DRIVE · SHAKER HEIGHTS, OHIO 44120

Memories thrive at 1945 reunion

BY JENNIE REIFF
Co-News Editor

World War II is usually something students only think about in history classes, but for the alumni of the class of '45, the war was an event that greatly effected their lives.

At their 50-year class reunion this past weekend, members of the class of '45 had a chance to remember their high school years with former classmates and see what has changed about the high school since they attended it.

According to some members of the class, the building itself was much smaller, as well as the number of students. The demographics of the student body were also different. One alumnus said that he could only remember two minorities attending the school, while another could not remember any.

In 1944, the school consisted only of 10th, 11th and 12th grades. There were at least two graduations each year—one in February and one in June—but during the war years there was also a graduation in August so that men who had gone to summer school could enter the military.

"Things were different then. There was a war on. We had our 1944 graduation on D-Day," alumnus Art Toll said. "That was very significant because boys were figuring out if they wanted to go into the army or not."

Many aspects of student life were also affected by wartime rationing.

"In the Gristmill, there were only pictures of students; no activities. We had to conserve film because of the war," David Roth said.

According to one alumnus, only four students had cars, RTA cost five cents, and boys' clubs would visit girls' clubs for socializing.

Some other social activities have also changed over the past 50 years. According to Lorraine Linley Muldoon, students used to dance at noon during the lunch hour. Toll's wife Charlotte said that all of the students were close to one another.

"Even if they weren't good friends, everyone had a real camaraderie," Charlotte said.

Roth remembered a variation the students made on an old tradition during the war years.

"Instead of giving girls corsages of flowers, we gave them corsages of war bond stamps," Roth said.

While many aspects of life have changed since 1944, a few things have stayed more consistent.

"I cannot remember during our years of school that it ever closed due to snow," Tom Bayless said.

Student council reorganized in '94-'95

BY JENNIE REIFF
Co-News Editor

A lack of organization is causing students and faculty members to make changes in the way student council is run, according to Principal A. Jack Rumbaugh.

Rumbaugh said that English teachers Rosemary Merchant, Patricia Lawrence, social studies teacher Chuck Spinner and himself are observing other schools including Heights, Lakewood and other LEL schools as models for Shaker's student council. He said he hopes to start the reformation process later this year.

Rumbaugh said that the difficulty with Student Council began about four or five years ago when representatives were first elected through home-rooms.

He said that he thinks another system of representation is necessary to more accurately reflect the views and concerns of students. One of the changes will be to elect representatives from co- and extra-curricular activities and clubs.

Leadership potential is another area Rumbaugh hopes to improve. He said that he wants class representatives to attend a summer camp that teaches leadership skills. He said that he wants people to be elected for their leadership ability and what they can offer the school.

Science teacher and former class adviser Amy Roediger said she feels the changes are necessary.

"In the three years I was a class adviser there was no continuity. It's changed every year," Roediger said. "It's impossible to have a good student council [the way things are now] because things and people are changing every year."

Another change is that student council will be involved in more service-oriented projects such as blood and food drives as well as social activities like dances, Rumbaugh said.

According to Rumbaugh, there was



ROOTING FOR THE HOME TEAM. Even without the help of student council, students still display more spirit than ever at school-sponsored activities, such as the pep rally on Sept. 9.

Shakerite photo by Larry Latson

so little organization last year that there were no elections, and last year's officers were re-appointed for this year.

Senior Class President Adina Wright said that she does not think it was fair that students were not given a chance to vote.

"I believe in democracy and that everybody should have a choice. Dr. Rumbaugh just said to me, 'We're having the same officers as last year,' and that was the only explanation I got," Wright said.

Wright said that many events and fundraisers were planned for last year, but none of them were possible to do. The council was going to hold taco sales in order to raise money, but they learned that an adult would be needed to pick them up and bring them to the school. A volleyball tournament was also planned but could not be held because it was proposed too late.

Wright said many of the events planned for last year could not be carried out because of student apathy.

"All the things we plan require a lot of help," Wright said. "If we don't get the help we need, it's not student council's fault."

According to Wright, many events

have been scheduled for this year including the volleyball tournament that was not held last year, a block party, a lock-in and food sales in the social room.

Wright said she is optimistic about these activities being able to occur this year as opposed to last year because she feels she can get things done more smoothly this year.

Rumbaugh said that math teacher and former student council adviser Dennis Hogue is in charge of activities this year while the changes in student council are being made.

Hogue said that he was asked to do things like announce at football games, but that it has nothing to do with improving student council.

Hogue said the changes will be beneficial, however, and that students need to be consulted in important decisions such as the proposed schedule changes.

"Students have no say, which is absolutely wrong," Hogue said.

Rumbaugh said that he hopes to start the reformation by second semester and end the year with elections.

"It sounds a little grandiose in expectation, but the issue is that we expect excellence," Rumbaugh said.

Students, teachers speak out on expectations for student council

Student council should start raising money for prom and start doing community work. They should participate in activities at school.

—senior Kim Billingslea

I didn't know we still had student council.

—junior Jeremiah Masterson

It's a great idea, and I hope students have a chance to get organized and do something around here. It's a great decision-making privilege.

—science teacher John Schutter

It should be that every student has an input in what's going on. It doesn't

seem to be that way.

—junior Taylor Hokanson

When I voted, I elected someone for one year, not two. I think other people need to be given the chance to run for office.

—senior Jennifer Koach

Football Boosters to hold fund-raising events

On Sunday, Oct. 2, the Football Boosters will hold a 4-mile run and a 2K "Doggie Dash" to raise money for the high school's football team. Registration for these events are at 4 p.m. at the high school. The "Dash" starts at 5:15 p.m. and the run begins at 5:30 p.m. T-shirts will be given to the first 400 entrants. Call HMA Sports at 831-4435 for more information.



Start of '94-'95 school year brings new policy and stricter rules to high school students

BY LOUISE BURTON
Staff Reporter

Although only one written policy change was made this year, several rules are being more strictly enforced.

According to Assistant Principal Richard Vlah, the policy on tardy detentions and Saturday school was changed. Previously, teachers handed out tardy detention slips on the day the student was tardy. The teacher then chose the day that the student would serve their detention. If the student failed to serve the detention, he or she would be given a Saturday school.

Now the policy is that detention slips will be handed out to students only on Mondays, and the student will have the opportunity to choose to serve the detention on either Tuesday or Thursday. If the detention is not attended on either day, a two day suspension will result. Saturday school will no longer be used as a punishment for missing tardy detentions as it has in the past.

This change was made to minimize teacher paperwork and to give the student more responsibility, according to Vlah.

"[The administration] feels the new tardy detention policy makes it simpler for students. The choices are made by them and they know what the consequences

are," Vlah said.

Many teachers are in favor of the change, but do not know what to expect in the future.

"So far it seems to be working out fine; I'm not sure how things will progress throughout the year," math teacher Judy Curran said.

The administration is attempting to reduce the number of students in the hallways during class.

If a student is found in the hallway

without a pass, he or she will be sent to the small auditorium. If the student is cutting a class, he or she will be dealt with accordingly by the assistant principals. If students have a free period, they will be held in the small auditorium.

Students who have free periods during the day are not permitted around the oval, including in their cars. The only place they are allowed in is the library. Seniors also have the option of staying in the social room during lunch and when they do not

have classes.

The school has an open campus policy only for seniors, with parent approval, according to Principal A. Jack Rumbaugh.

"I think that there's been some confusion as to what exactly an open campus is. If we can't be around the oval and can't go anywhere except the social room [for seniors] and the library, it's obviously not an open campus," senior Alison Bibb said.

The administration is making a conscious effort to do away with smoking in or in sight of the school, according to Assistant Principal Randall Yates.

"We have an obligation to taxpayers in the surrounding school area. We need to acknowledge their concerns about smoking; it ties in with the public perception of our school," Yates said.

Some students feel that although the image of the school is important, they should have the right to smoke off the campus but still in view of the school.

"I understand that [the administration] wants to have a smoke-free school environment, but not being able to smoke in sight of the school is absolutely ridiculous. If someone lives across the street from the school, that's their own property. The same goes with their car," an anonymous student smoker said.



Shakerite artwork by Rebecca Spagnuolo

Athletes who do not march must play in fall band

BY NICOLE SUTCLIFFE
Staff Reporter

A new school year means changes, and this year there are some major ones for the band.

This year unlike others, band members who previously had to choose between marching or playing sports are now able to participate in the Fall Concert Band for the first nine weeks of school instead of marching.

"It's nice that now students can play sports and stay in the program," Michele Monigold, associate band director said.

The decision to create a fall concert band was made last year by Band Director Hans Bohnert. The new band will accommodate the large number of students who were not able to march at the football games due to their sports commitments.

"As band grew the problem increased. With more students who were in both band and sports, finally it came to a point when we simply couldn't do things the same way," Bohnert said.

While the decision was made to sepa-

rate the two activities, some students are still able to both march and participate in athletic activities.

"I spoke to my coaches and they were very understanding. I only miss three practices of volleyball [a week]. This way I don't have to choose between marching band and my sport," freshman Carolyn Richards said.

Others like sophomores Jon Becker and Lindsay Karfeld appreciate the changes made in band because it enables them to play sports and participate in band.

"I like the decision. This gives me a chance to be committed to both band and football," Becker said.

Karfeld said she feels that this arrangement is making it easier for the band directors as well as the students involved in band.

"I think it's better this way. Now the band members don't have to go back and forth between practices and the directors don't have to worry," Karfeld said.

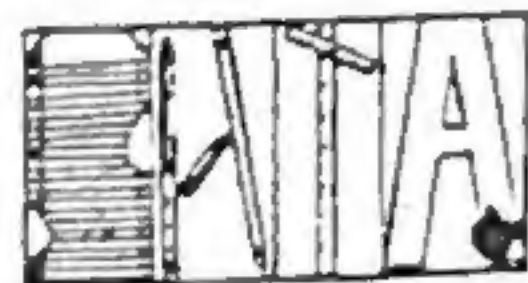
The Fall Concert Band has 45 students participating in it and playing a different variety of music than the marching band. The Fall Concert Band will perform a concert Oct. 25 with the choir and orchestra.



BLOWING UP A STORM. The marching band parades through the halls on Sept. 9 in an attempt to boost school spirit for the pep rally. Band members who participate in fall sports are now required to play in the Fall Concert Band.

Shakerite photo by Larry Latson

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High school population increases by almost 200 since 1992

BY JEFF JABLOW
Co-News Editor

If the halls of the high school seem crowded this year, this can be attributed to an increase in population. Since June 1992 the population of the high school has increased by about 200 students.

"I definitely have noticed a change in the hallways since I was a freshman. It is a lot more crowded now than it was then," junior Brian Snyder said.

According to the annual enrollment reports issued by the school district, the population of the high school in 1992-93 was 1357 and in 1993-94 it was 1413. As of Sept. 14 there were 1602 students enrolled.

With the population of the high school as large as it is, changes in certain areas are being considered by the administration.

According to Dr. William Newby, head of curriculum,

there was a committee meeting over the summer concerning alternative schedules for the high school. This meeting which, lasted one week, was chaired by English teacher Dr. Carol Fox. This committee reviewed the impact of certain schedules on curriculum, lunch and the effect of students taking full schedules.

"I definitely have noticed a change in the hallways since I was a freshman. It is a lot more crowded now than it was then,"

—junior Brian Snyder

amount of people in the high school including the hiring of 20 new teachers. The art rooms were moved to the basement, and technical education was moved to the third floor.

It is possible that study halls could be moved to the egress, according to Newby.

According to a summary distributed to teachers, one of the proposed schedules will be a day made up of four 85-minute periods. Year-long courses such as English and American History would be taken in one semester.

Some students feel that a change in schedules is not necessary.

"I think that the lunches are a little short, but other than that I think the schedule is pretty good," senior Catherine Farmer said.

Some changes have already been made to accommodate the growing



MOVE IT. Students must deal with crowded halls as they move from class to class. The excessive crowding is due to an increase in enrollment at the high school.

Shakerite photo by Laura Kushnick

New teachers hired as a result of population increase

BY MILES BERGER
Staff Reporter

Twenty new teachers have been hired this year because the school has grown in population from 1400 to 1600 students.

In past years, few new teachers have been hired. Principal A. Jack Rumbaugh said that enrollment has dropped for the past eight years, so teachers who resigned were not replaced. Due to this year's enrollment increase however, several new teachers have been hired.

The new teachers have not been hired evenly among the departments. Four new foreign language teachers have been hired, while no new math teachers have been hired.

"The master schedule of the high school is driven by student selection," Rumbaugh said. "We've had a large

growth in the number of students taking Spanish [so we hired new Spanish teachers]."

One of the new Spanish teachers is Kimberly Ponce de Leon. After earning a bachelor's degree in Spanish and psychology at Ohio State University, she spent a year teaching English to elementary school students in Puerto Rico. She said that she taught in a small poor community where there weren't a lot of resources, but she loved the kids. After that, she spent several years as a substitute teacher in the Shaker schools.

"[Teaching here] is great, it's very challenging; the students keep me on my toes," Ponce de Leon said.

New English teacher Tom Kelly is also pleased to be working at Shaker. Kelly taught at Shaker before in an exchange program where he switched places with English teacher John Vargo,

who retired at the end of last year. He also spent four years teaching at an inner city high school. Kelly teaches education classes at John Carroll University, where he is an associate professor.

"I have a wonderful group [of young people] who have convinced me that students are often more capable than they are thought of," Kelly said. "I am impressed with the openness and honesty of the students, and their readiness to learn."

New science teacher Nancy Csarny said she applied for a position because of the school district's reputation. Previously, she worked at a small rural school in New York, as well as Princeton High School in Cincinnati.

"I am very impressed with the organization of the school," Csarny said. "There are a lot of resources which help the students. It's a good place to work."

Despite the positive attitudes of

Csarny, Kelly and Ponce de Leon, being a new teacher seems like a difficult job, according to some students.

"[Ponce de Leon] is a great teacher, but other people give her a hard time because it's her first year [here]. They still treat her as a substitute, as if she'll be gone tomorrow," said freshman Chris Myles.

Csarny said that she too has discipline problems in some of her classes. "Being a new teacher is like being a first year teacher all over again, because you have no reputation [among the students]," Csarny said.

The other new teachers are Mary Ashcraft, Erin Barrett, Susan Brown, Carolina Butler, Germae Kleinman, Carole Kovach, Naomi Loges, John Marhefka, Michael McDonough, Michele Monigold, Debby Reidy, Sally Rutman, Bernadette Thoennes, Molly Uhler, Margaret Washington and Judy Wohl.

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OPINION

September 29, 1994
SHAKERITE - PAGE 4

This issue of The Shakerite contains two Rite Ideas. The Rite Idea is designed to project the view of the editorial board on issues of concern to the school. Because the board found two recent issues to be of significance, it was appropriate for two Rite Ideas to be written.

Coaches, athletes, parents obligated to honor new stricter athletic code; punishments will be enforced

THE RITE IDEA

The recent change of the athletic code by the administration to more harshly punish those who break it is commendable. The code cannot, however, be of any benefit unless it is used consistently. This starts with coaches and athletes understanding and abiding by the rules set forth in the athletic code.

In the past, there have been instances where coaches have looked the other way when it comes to their attention that athletes on their team have been breaking the code. This may be because they do not want to lose their athlete, but this is not an excuse. Coaches should realize that it is their responsibility to not allow these activities to continue.

It is no secret that many athletes engage in illegal and illicit activities. But what is being done to stop it?

The code is a start, but athletes should not refrain from drinking and drugs only out of fear of the consequences. They need to make a conscious choice to be responsible and act in their best interests. It is the responsibility of the school and parents to teach students why something is wrong, but athletes need to subscribe to its guidelines in order for it to be effective. Athletes are the last people

who should be damaging their bodies with harmful substances. Not only are drugs and alcohol illegal, but they also impair the ability to train.

This fact should be known and understood by all students. Drinking and doing drugs, including smoking cigarettes, is simply not conducive to physical or mental growth.

Other dangers come with drug and alcohol abuse, especially driving impaired. The risks involved with this kind of behavior are very real and life-threatening. It is odd that our school does not have a chapter of M.A.D.D. or S.A.D.D. when the problem is so rampant. Odds are, sooner or later a student will be involved in a deadly car wreck. We must ask the question, are we doing enough to prevent such an accident?

Parents are the ultimate factor in preventing their children from engaging in illegal activities, and yet many let it go on under their noses. It is the parents' responsibility to guide their children and prevent them from harming themselves. If counseling is needed, they must identify the problem and help deal with it, for the good of their kids.

The athletic code, which is set forth to protect students, must be upheld and respected by all parties involved. The stricter code shows that the school will not tolerate any violations. Now it is up to the students to comply.

CHEERS & JEERS

Cheers to school starting a week later.

Jeers to school ending around the 4th of July.

Cheers to Maxwell (House Coffee).

Jeers to the library feeling like the Arctic. You know, you can adjust the air-conditioning.

Cheers to Homer and Flanders. (mmm... Flanders)

Jeers to the freshmen. Your mommy will pick you up at 3:10.

Cheers to the football team and their excellent start. They're for real, baaaaaby!

Jeers to changing homeroom numbers. We need stability in our formative years.

Cheers to Forrest Gump.



Jeers to Joey Lawrence.

Cheers to the Stay-Puft marshmallow man from Ghostbusters.

Jeers to early decision.

Cheers to early action.

THE TOP TEN

Politically Correct Job Titles

10. Pork product dispenser. (Hot dog man)
9. Shelving engineer. (Librarian)
8. Instructor of vehicular behavior. (Driving School Teacher)
7. Waste management specialist. (Garbageman)
6. Personal motivator for decreased mass. (Jenny Craig)
5. Manipulator of independent thoughts. (Psychiatrist)
4. Coordinator of edible substances. (Waitress)
3. Preserver and dismantler of deceased entities. (Mortician)
2. Golfer. (Golfer)

...and the number 1 job title is...

1. Regional distributor of cosmetic paraphernalia. (Avon Lady)

The Shakerite is a public forum published nine times yearly for and by the students of Shaker Heights High School.

Letters to the editor must be signed and may not exceed 250 words. Letters, subscription and advertising inquiries should be delivered to the Shakerite office in Room 229, or mailed to: The Shakerite, 15911 Aldersyde Drive, Shaker Heights, Ohio 44120. The Shakerite reserves the right to reject or edit any letter to the editor or advertisement.

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SHAKERITE

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Student council should meet school's needs

THE RITE IDEA

With the new school year just in its first stages, the opportunity exists to change aspects of our school to better fit the needs of the students. Student council, the major source of student input and interaction with principals and the administration at most other schools, has little power at Shaker, and its organization leaves few possibilities for students from groups within the school to voice their opinions and needs.

Student council and its elections have never been met with much other than apathy by the student body. Some of the reason for this may be attributed to the fact that candidates do little campaigning and have no way other than posters to make themselves or their ideas known to students who would be voting for them. Many times a student may not even recognize all the names on the ballot he or she receives in homeroom.

A solution to this problem would be to reinstate campaign speeches as a method for candidates to make their ideas known. This idea is not a novel one; speeches are usually an integral part of any campaign. By having candidates directly address the student body, students would be able to make their choice based on what the candidate plans on doing instead of who they are. As it is now, the process of elections is purely a popularity contest because there is no way for candidates to express what they stand for.

This year the administration is attempting to reorganize many aspects of how student council is run. In doing so, however, they have eliminated elections and reinstated officers from the past year to serve again this year. The purpose of the student council is to represent the needs and interests of the student body, and there is no way this can be accomplished when their interests are not represented in the elected officials. This is not to say that whoever is appointed would not serve the student body responsibly, but by denying the students a vote (and others the chance to run), the democratic process at the root of student council is denied.

Certain proposed changes this year are to be commended, including a change in how representatives are elected. Previously, representatives were sent from each homeroom. This system was entirely ineffective, because students have little affiliation with their homerooms, and most students felt that their needs would not be represented by an individual who did not know them or was not concerned with the things that concerned them.

The alternative being proposed is to instead have each extracurricular and certain co-curricular activities each send one representative. This system was tested last year, and seems more logical, since a representative from a club could speak for the needs of that entire organization, and each activity would be guaranteed a voice.

Reorganizing the way the student council is run to be more effective and better serve the needs of the school is not only a good idea but a necessary one. In the process of doing so, however, it is important not to lose sight of the fact that the student council was created as a way for the student body to have a say in school affairs. Denying students the democratic privilege to run for office and vote for officers is therefore undermining the whole purpose of the institution.

Labels, groups offer superficial identity

PERSPECTIVE

BY REBECCA ENTEL
Co-Opinion Editor

You will find them roaming the paths of the world, inhabiting all 50 states, clinging to major cities, and lurking in our very own hallways. They are people. All of who are searching for an identity. And so, on the paths of the world, in all 50 states, in major cities and in our own hallways, we also find: Labels.

Labels are roles we can play, and doing this is easy. These roles can even provide security—a way to define our identities. However, an important aspect of individuality is buried when we allow ourselves to be known by a label.

But individuality can seem insignificant when being part of a group provides an immediate, though superficial, identity. People, especially teens, are quick to dismiss the importance of individuality for the safety in numbers; hence, cliques are abundant. On a larger scale, this phenomenon has led to the growing trend of labeling generations: yuppies...Generation X...what will we be known as?

I have heard several members of the so-called Generation X describe the qualities of their generation. One perception is that everyone in that age bracket was brought up expecting to receive the conveniences and benefits of 'adulthood.'

Surely not every child in America who was born in a certain decade was brought up according to the same beliefs. And it is far from probable that they could have formed even similar opinions from their environments.

Another twentysomething-er complained that her generation had no designated music era. She grew up listening to

artists who were influenced by past generations. Instead of blaming the music industry for a lack of identity, if her observations were correct, then she was fortunate to be exposed to many types of music. A human being cannot possibly be identified by what was on the radio when he or she was a child.

The danger in assigning certain characteristics to people, not to mention entire generations, is that we lose sight of the members within the group—the parts that contribute to the whole. I maintain that it is impossible to categorize an entire generation accurately. Even within a very small group of people, no matter how much they have in common, there are distinct traits, ideas and interests which set one person apart from the others. Attempting to identify ourselves without regard to these nuances means to ignore essential components of each and every one of our personalities.

We must resist the quick fix of letting a generation title define who we are. Instead, we must search for a deeper answer within ourselves. Explore your beliefs, weigh your convictions, determine your goals—and make sure they are all your own, not your "generation's."

The only true link within a generation



Shakerite artwork by Jennifer Johnson

is a common age group. So we are all inevitably lifetime members of one generation or another. Rather than conform to the labels assigned to people of our age, however, we can contribute our own strengths and feelings to the group. And perhaps in the process, we can alter or destroy some pre-existing perceptions.

If you look carefully, you can find them roaming the paths of the world, inhabiting all 50 states, clinging to major cities and lurking in our very own hallways. They are individuals.

Media distorts the Simpson case: O.J. is being tried in the public eye, not in a court of law

PERSPECTIVE

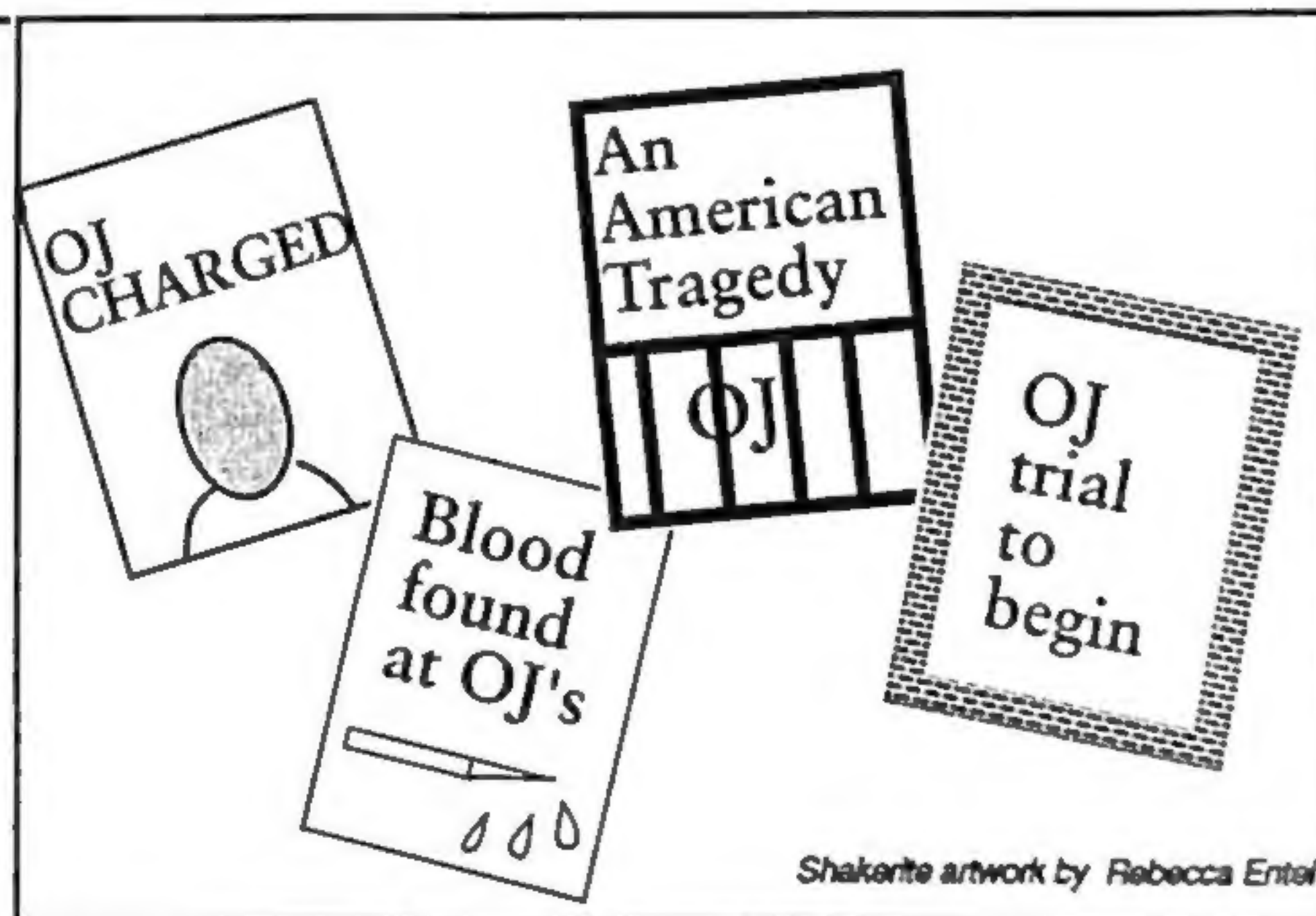
BY KEVIN COLE
Co-Opinion Editor

"Knock-knock."
"Who's there?"
"O.J."
"O.J. who?"
"Congratulations. You're on the jury."

The murder trial of O.J. Simpson has taken over the country like no other legal case has done before. The media coverage has progressed beyond intense; it is now at the point where every possible aspect of the story is reported by everyone from *Geraldo* to CNN. The coverage by the press has advanced beyond educating the public—suddenly, it is dangerous.

One of the founding principles of the United States is that every person who is accused of a crime has the right to an impartial trial. But how is it possible for O.J. to get a jury who does not have prejudices one way or another about his guilt? If there is a prospective juror in California who has not heard about the case, chances are, he or she is so out of touch that they are of no use to either the prosecution or the defense anyway.

And this is where the 'news' media comes in. By sensationalizing the murder of two innocent people as they have, not only have they poisoned the jury



Shakerite artwork by Rebecca Entel

pool, but they have also made their viewers, readers and listeners decide O.J.'s guilt or innocence before he has even begun to stand trial. If I remember correctly, in this country you are innocent until proven guilty, and although the evidence is mounting up against O.J., he is still as innocent as the Pope legally.

The situation is not entirely the media's fault. They are responding to the enormous public interest in the case, so in essence, they are just doing their job. But there has to be a time when they take a look at what they are doing and decide if it is in the best interests of the very story they are covering. It would be refreshing for the media to for once look past a dollar

sign and actually act responsibly.

Judge Lance Ito has considered banning the media entirely from covering the courtroom during the trial after the Los Angeles NBC affiliate aired an erroneous story concerning blood found on O.J.'s socks. But ironically, I think that this would do more harm than good. The press would be forced to go to even greater lengths to bring out new 'facts' about the case, and even more of them would be false than are now. If the courtroom proceedings were televised, at least the public would be able to see what really happened, and not just hear the gossip. What a refreshing change that would be.

American money exists for Americans' needs

BY COURTNEY MASINI
Co-Editor-in-Chief

There are innumerable problems facing the United States today. One of the most often mentioned is the state of our country and how it is on the decline. The inner cities of America are getting worse by the minute due to poverty, drugs, violence and ignorance. Some measures are being taken to improve the situation, but the issues are not being addressed with as much force as they should be, a fault that is often attributed to lack of funds. This issue is a priority which must be met, so instead of giving billions of dollars in foreign aid to other countries each year, we should keep some of the money to spend in America instead.

An article in the June 26, 1994 issue of The New York Times told how The Agency for International Development (A.I.D.), the U.S. foreign aid agency, is now targeting America's inner cities. The agency is sharing its expertise in immunizing the masses, helping improve literacy and encouraging small business growth. This is good. A.I.D. cannot, however, fund programs in the U.S. because its charter

prohibits it from doing so.

The article emphasized the need for help in inner cities by comparing the rate of child immunizations for measles between the United States and developing countries such as Egypt, India, the Philippines, Sri Lanka and Indonesia. The U.S. has an approximate rate of 40 percent immunization rate for children under two. The other countries have rates in the high 70 percent range, some achieved by their own programs, and others with assistance from A.I.D.

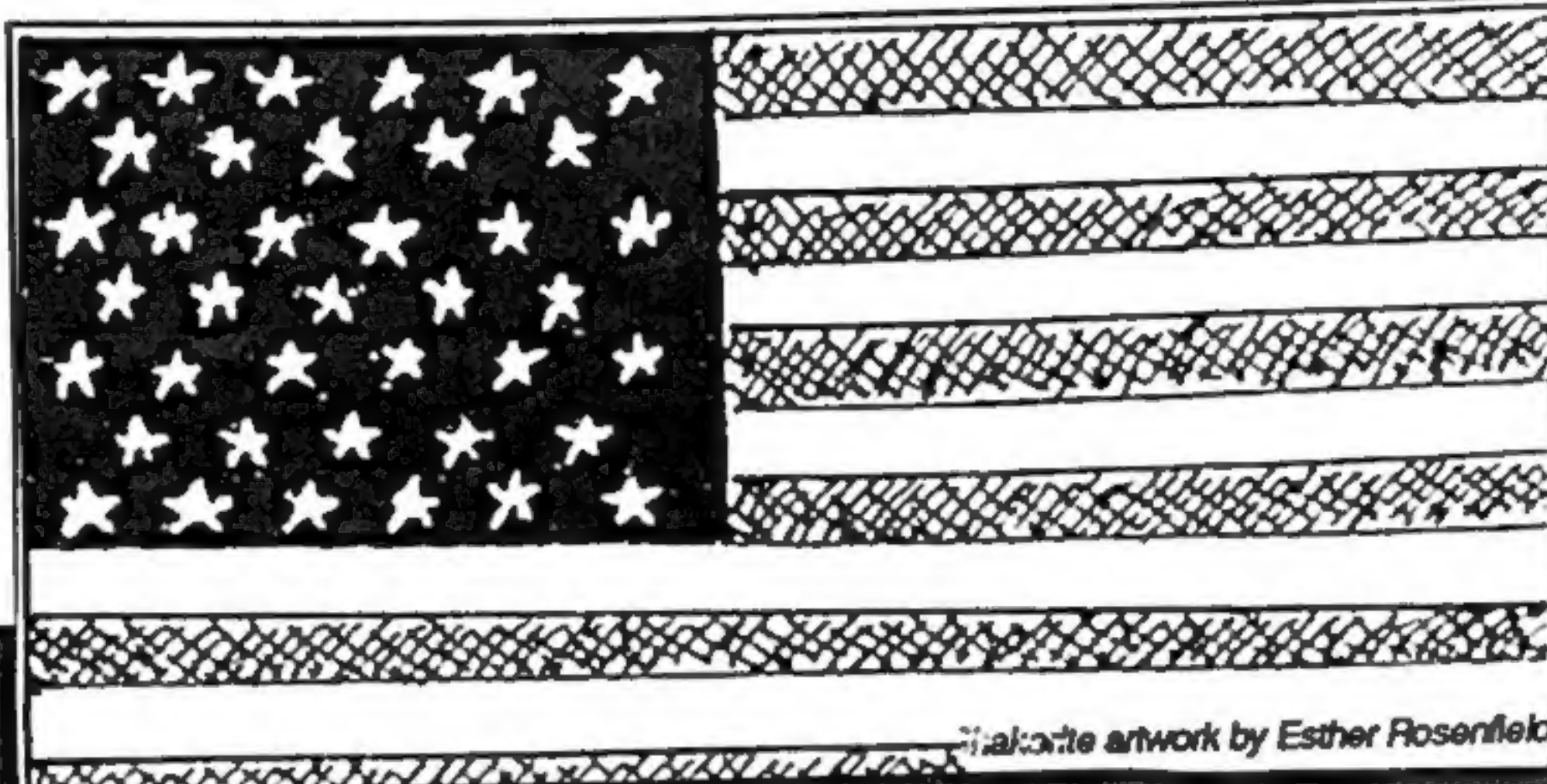
These statistics are scary and demonstrate the need for help in America. Although some foreign aid is necessary in

order to assist severely needy third-world countries, the U.S. cannot overlook itself. The bulk of the money should stay here where it can be spent on Americans. This is not because Americans are in any way superior to the citizens of other countries, it is because we have to improve and sustain our society in order to continue to help other countries in need.

A major problem with foreign aid is the way the United States distributes it. Most of the aid is given in actual dollars rather than in goods and services. Because of this, the U.S. is unable to control how the money is distributed in the countries to which we give aid. There is no way of

knowing if it is being used for purposes other than it was intended, or if it is actually reaching the people who need help. In several cases, the money is not used for its original purpose. This is a complete waste because the U.S. does not have a surplus of cash to be handing out. The U.S. itself borrows billions of dollars each year and pays interest on all of this money. This borrowing weakens the U.S. economy and ultimately creates hardship on its citizens. If America gave its foreign aid in a manner that would benefit both parties involved, then it would be more justifiable. However, it is not. While the government sends billions of dollars overseas, many Americans in our own country are suffering.

Trillions of dollars have been spent in America trying to fight society's ills, and it is clear that money is not a solution in itself. However, if money is going to be spent on efforts overseas that does not directly benefit the people intended or the United States, it is better to try to address the problems in our own country. By concentrating on America first, we can strengthen our nation so that it will be able to help other countries even more in the future.



Shakerite artwork by Esther Rosenfield

THOSE IN NEED

Aid should not be limited by man-made boundaries

BY MARGARET SAWYER
Co-Centerpiece Editor

"Proud to be an American, because at least I know I'm free..." Let's consider that statement. The singer of these well known lyrics is proud, or pleased with himself, for... for what? For being permitted, due to no effort on his part, to live his life the way he wants to? For having the personal good fortune of being born in the right place at the right time? That's not pride, that's luck.

We who have happened to be born in America, with the exception of immigrants who made the choice to live here, should consider ourselves lucky. Lucky that we were born into a relatively peaceful nation, not someplace torn with the constant threat of war, like Rwanda or Bosnia or Haiti. Lucky to not have been born into a country faced with severe food shortages like Somalia, and, as the song reminds us, we are lucky to live in a free nation, which gives us the power to live as we want to live.

This unbelievable luck that was randomly bestowed upon us comes with a few responsibilities. Just as society expects a person who has more than enough sugar to share with a cookie-baking neighbor, so should our rich and plentiful nation be expected to share with those less fortunate.

America possesses knowledge, technology and food supplies that could be used to improve the quality of life in other countries. We have the resources to save thousands and thousands of lives, but we must face up to our responsibility and use our powers. Bags of rice piled skyhigh in a warehouse do not do



any good to those in need unless they are distributed.

We also have strong financial

resources, that, with a little redirection, could do a lot of good. In 1992 alone, the United States gave nearly 30 times as much money to the nation defense funds as to all foreign aid, according to the 1994 Almanac.

In addition to food and money, we

also have a resource of strong young people who could help other nations in a volunteer effort. If each college age person would volunteer time, a year at most, to help across the globe, numerous problems

of health, agriculture and peace-keeping would be solved.

Some argue that we should use our

resources to help out on the "homefront" first. It is true, America is not just the land of the rich and the content, it also has a growing number of people living under the poverty line. This is a problem, a huge problem, that needs more time, energy and money devoted to it than is currently given. It does not mean, however, that we must exclusively focus our energy on American poverty. We have so many available resources that we could successfully distribute them to people outside of our borders, without reducing the amount available to America's poor.

By arguing that we should save our volunteers and food supplies exclusively for Americans, we reject the concept of helping our neighbors. Of course it is the American government's responsibility to support its citizens, but with extra resources comes responsibility.

When thinking about foreign aid, it is important to forget the concept linked to the word "foreign." Although the receivers of foreign aid funds live far away from America and often speak different languages, they are not that foreign from you or me. Just like any of us, these people have parents, and maybe children. Someone in the world considers them a friend, and someone would probably cry if they got sick. When we turn on the T.V. and hear things like "thousands of people are dying due to famine," it is important to remember that each of those dying people is someone's loved one.

An ideal world would be a place where the wealthy help the poor, and the strong help the weak, no matter what country they live in. Countries with surplus need to look beyond the rigid boundaries that separate countries, and recognize people in need. And then, and only then, can we truly be proud to be Americans.

The top four reasons why Big Mountain is the worst new group

4. They wear dresses in their video. We thought Culture Club had that one covered.
3. Their pseudo-reggae remake of "Baby I Love Your Way" is....horrible.
2. They tie Lisa Loeb for most annoying song coming off the same album.
1. Who wants to listen to a band called Big Mountain?

Stone's latest fling a psychedelic romp

BY KIP BRITT
Staff Reporter

Natural Born Killers is not another mere boy meets girl, boy and girl brutally murder girl's parents, boy and girl go on a killing spree, boy marries girl, boy and girl are captured, but true love and senseless manslaughter still endures kind of movie. *Natural Born Killers* is a step above such an average mold. This movie seems intent on, making an impression. As if grossly demented characters and a — how shall we say? — theatrically abnormal propensity for violence was not enough to make a talked about move, it is also presented in such a way that it is eerie and unreal.

The scenes are shot in quality color, a blurry black and white, and a tinted red. The picture is shown upright, sideways, and at every other conceivable angle. There are no bounds. Effects are utilized in a way that is both symbolic and surreal. People's faces are distorted. References are made to demons. Light shines from nowhere. People dream while awake. And "subliminal" images, all blatantly malicious, are slipped in more than a few times. All this makes the production seem more like a music video than it does a movie.

It also gives the impression of seeing things through the killer's eyes; seeing his thoughts. It can be described as a psychedelic flavor. And this psychedelic flavor is sweet to one psychedelically inclined. It is an extremely

well-done movie, but it must be remembered that it gives large doses of violence that can be quite offensive, and even defiling, to those not hardened. Also, be advised that since this movie lacks the logic and coherence common to most movies, what will be the movie some have been waiting years for, will, to others, be just plain stupid.

There is a lot of talking about this movie and its relation to violence in the media. It is generally called a satire of violence in the media. Its director, Oliver Stone, has said it is "a dehumanizing look at a society that has become 'overstuffed' in every sense of the word." Many have accused the movie of being partially responsible for a recent car-jacking and murdering spree.

Now, such an outburst of violence occurring at the same time as the opening of the movie is, indeed, coincidental. But movies will not cause anyone to commit cold-blooded murder unless that particular individual is already dangerously mentally unhealthy. Violence portrayed in the media is the result of violence in society, not the cause of it.

Oliver Stone's statement may have had more truth to it. This may be a dehumanizing look at an overstuffed society, but what is he looking at society for? He can

call the movie whatever he desires to, and be above argument, but he shouldn't pretend that he is trying to send a profound message to us all. It is far more likely that this new breed of psychedelic movie has been presented for one main reason—it will sell like an infomercial.

It is also true that this movie is a satire. But it is a meaningless satire. It can accomplish nothing, other than to entertain. Satirizing violence in the media will not help to rid us of it. If one wishes to end violence in the media, creating an ultra-violent movie is the wrong way to go about it.

The Movie



Out of four

The movie Natural Born Killers The soundtrack

BY MILES BERGER
Staff Reporter

The *Natural Born Killers* soundtrack is mainly composed of music that was used to set scenes in the movie. Thus, many of the songs on the soundtrack are elevator music, not what you would expect from a movie whose radio commercials feature the Nine Inch Nails song "Burn."

In the movie *Natural Born Killers*, music plays a primary role in some scenes by defining character's emotions, and it plays a secondary role in other scenes. Thus, half of the music on the soundtrack displays raw emotions of love, hate and lust; while the other half is made of background music.

To define character's emotions, soundtrack producer and Nine Inch Nails frontman Trent Reznor relied on diverse music. The soundtrack features everything from the whiny vocals of Bob Dylan's "You Belong To Me," and the haunting singing of Leonard Cohen's "Waiting For the Miracle," to the raging punk of L7's "Shitlist," and Lard's "Forkboy."

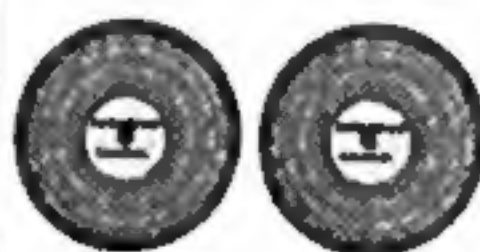
The soundtrack also features several new songs by Nine Inch Nails. "Burn," one of these songs, features loud, explosive drumming and the distorted screams of Trent Reznor. The other two songs by Nine Inch Nails on the soundtrack, howev-

er, "Something I Can Never Have," and "A Warm Place," are both much slower, featuring the lush sounds of a synthesized orchestra. The *Natural Born Killers* soundtrack also includes music by Janes Addiction, "Ted Just Admit It," and Dr. Dre, "The Day the Niggaz Took Over."

For scenes in which music played a secondary role, Reznor also used diverse music. The soundtrack includes songs by Peter Gabriel and the Pakistani band Nusrat Fateh Ali Khan & Party. Unlike most soundtracks, the music on the *Natural Born Killers* soundtrack is left in the same edited form as it was used in the movie. The soundtrack tells the story of the movie through the voices of the movie characters, which are overdubbed onto the introductions of some songs. Through Reznor's editing and overdubbing, a sense of continuity is maintained which normally would not be possible on an album featuring so many different genres of music.

Though it contains few songs that will get any radio play, the *Natural Born Killers* soundtrack should receive an Academy award for the way it uses music to tell a story. At 27 tracks and 76 minutes, it's worth a listen. However, don't buy it if you just like "Burn," because the rest of the album sounds nothing like it.

The Soundtrack



Out of four

Leaves fall, there is cool stuff to do

BY JONATHAN HARRIS
Arts & Entertainment editor

What's? Goin' On?

Yes, the summer is over. It was awesome. It was fun. But now, it is history.

Now, we have a new school year, a new season, and many new and fun things available to us high school students. And I'm not talking about jumping in a pile of leaves.

One thing that I think is really worthwhile is a ride on Lolley the Trolley. Yes! Lolley the Trolley. I recently took my grandmother, who is from Miami, on the trolley so she could see a little more of our city. The tours originate at Burke Lakefront Airport and last about two hours, and you see and learn a lot of interesting things about the city that you didn't know before. Call Trolley tours at 771-4484.

New to the music, The Gateway Arena is opening Oct. 17 with Billy Joel's triumphant return to Cleveland. Although I am opposed to the building of the arena because the Dead won't come back to Cleveland anymore, it will be a beautiful facility and there should be great entertainment there.

The very next night Eric Clapton will come to knock the roof off the arena. It should be a truly amazing show, and good luck getting tickets because it is already sold out. Other events during the grand opening will include Bill Cosby (Oct. 23) and Reba McEntire (Oct. 20). Tickets for all Gateway events are available at any Ticketmaster outlet or by calling 241-5555.

So I'm sitting in this car with a friend doing some last minute cramming for a psychology test, and who else drives right up next to us but Jim Miller, lead guitarist and vocalist for the Oroburos. He is a great guy and he was nice enough to give me their schedule for the next three months. I really recommend that you see them if you get the chance. They always play long, rockin' shows full of Dead-flavored music. They will hit Peabody's Cafe Oct. 7, but I recommend seeing them at Euclid Tavern. The atmosphere is a lot friendlier there, plus it costs less to get in! I will give the dates for several Euclid shows in the next issue. No matter where you see them, you'll go home with a smile on your face.

Fall means Halloween, and Halloween means haunted houses. There are dozens of such scaredoms in the area, each of which will send you home with visions of ghosts and goblins. As of the printing of this issue, only the Rockin'-R-Ranch (236-5454), is open. It is complete with the Haunted Hayride (why walk and be scared when you can ride and be scared?) and Haunted Maze of Horror (why get scared when you know where you are going when you can get lost and get scared?). Peace!

Music tells the story of Natural Born Killers soundtrack

Students feel a world of worries weighing on their shoulders

BY STEPHANIE HOLLOWAY
Staff Reporter

Nervousness...Anticipation...Fear...If you're haunted by any of these feelings at one time or another you're not alone. Everyone, from freshmen to seniors, shares these feelings of anxiety and concern. We all worry.

The actual concerns of freshmen and seniors do vary, however. Freshmen face a lot of pressure adjusting to a new school and getting adapted to a new environment.

"I was worried that I wouldn't be able to reach the top shelf of my locker to put my books in," freshman Adam Cole-Kelly said.

Meanwhile, numerous seniors said they feel the pressure and anxiety associated with getting into colleges. The rush to complete all of the applications and personal essays can be stressful.

Many students also fear receiving a rejection notice from a favorite college.

"I worry about getting into a good college. My worst fear is not being accepted by any of the schools which I want to attend," senior Millie Nahm said.

Returning to school, class loads and homework are hard to adapt to after the relative calm of summer. Sophomore Minch Ishida finds this particularly stressful.

"This weekend, I had maybe seven subjects worth of homework. I thought it was a bit too much, but it's my own fault for selecting all of these hard classes," Ishida said.

The combination of school along with athletics can add to already pressured lives. Athletes must manage their time in order to remain competitive both academically and athletically according to freshman Shae London.

"I worry about my work because I sometimes tend to fall behind. It is very important for me to keep up with my studies, because I play basketball. I don't want to become overwhelmed," London said.

Junior Clo Ewing plays both varsity field hockey and lacrosse. She, like many

students, is concerned with her athletic performance.

"I worry about playing well, and it bothers me when I don't," Ewing said. "We have practice everyday and a fair amount of Saturday games, so it's pretty time consuming."

Although many adults view teenagers as being too carefree, students anxieties are often deeper than one might think, according to senior Greg Friedland. Many students think beyond graduation, he said.

"Of course I worry about daily problems, but I also think a lot about life after high school. I am concerned about college, finding a job I'll enjoy and achieving the goals I have set for myself."

Senior Greg Friedland

achieving the goals I have set for myself," Friedland said.

Junior Robert Davis is looking towards his future playing the clarinet.

"I worry about my future as an African American in the musical field because there are not many African-American males in the field," Davis said.

Of course everyone's worries are not so deep. A more immediate concern for many students is Homecoming.

"I try not to think about Homecoming, but it keeps coming up," freshman Jenny Wallace said. "I worry about who I will go with and what it's going to be like."

Then there are those students who worry about a little of everything.

"I worry about my weight and my grades. My parents place additional stress on me about my grades. I even worry about who I'm going to sit with in the social room," senior Mandy Block said.

Then of course, finally, there is the Shakerite reporter who worries about people reading her articles. Just the thought of it makes me too nervous to write anymore.

UNDER PRESSURE

The way we worry and how we cope



Students, faculty let off steam

BY NICOLE SUTCLIFFE AND EMILY TROIA
Staff Reporter and Co-Centerpiece Editor

Remember Sisyphus from Greek mythology? He was eternally damned to rolling a boulder up a steep hill. Every time he would reach the hill's summit, the boulder would roll back down, leaving Sisyphus to start all over again.

Sound familiar? We can all relate to Sisyphus' torture, because we have all found ourselves in a similar predicament at one time or another.

Frustrating, stressful times like these can drive us crazy, if we do not find ways to cope.

We all use methods to relieve stress. Exercise is one popular way that teachers and students relieve anxiety.

"I think I handle stress pretty well. When I do feel it, I work out or play tennis," orchestra conductor Michael McDonough said.

Sophomore Shelli Calland maintains a heavy course load and stress load. To alleviate her pressured life, Calland said she enjoys walking out her troubles.

"When I feel too much pressure, I like to take long walks and think out my life," Calland said. "I find this really helps me deal with my problems."

While some people look to exercise, other students said they try slowing all activity to a halt and take a rest from busy lives.

"If everything gets to be too much, I take a nap for about half an hour. Afterwards, I feel a lot better," sophomore Tom Cullis said.

Senior Alison Bibb deals with stress similarly.

"I go to sleep and try to shut the world out," Bibb said. "Then, I eat and sometimes cry a little. I ride an emotional roller coaster."

Also taking a break from the world occasionally, junior Andrew Thomas said he finds peace in music.

"Sometimes, I just have to go upstairs to my room and listen to music while to unwind," Thomas said.

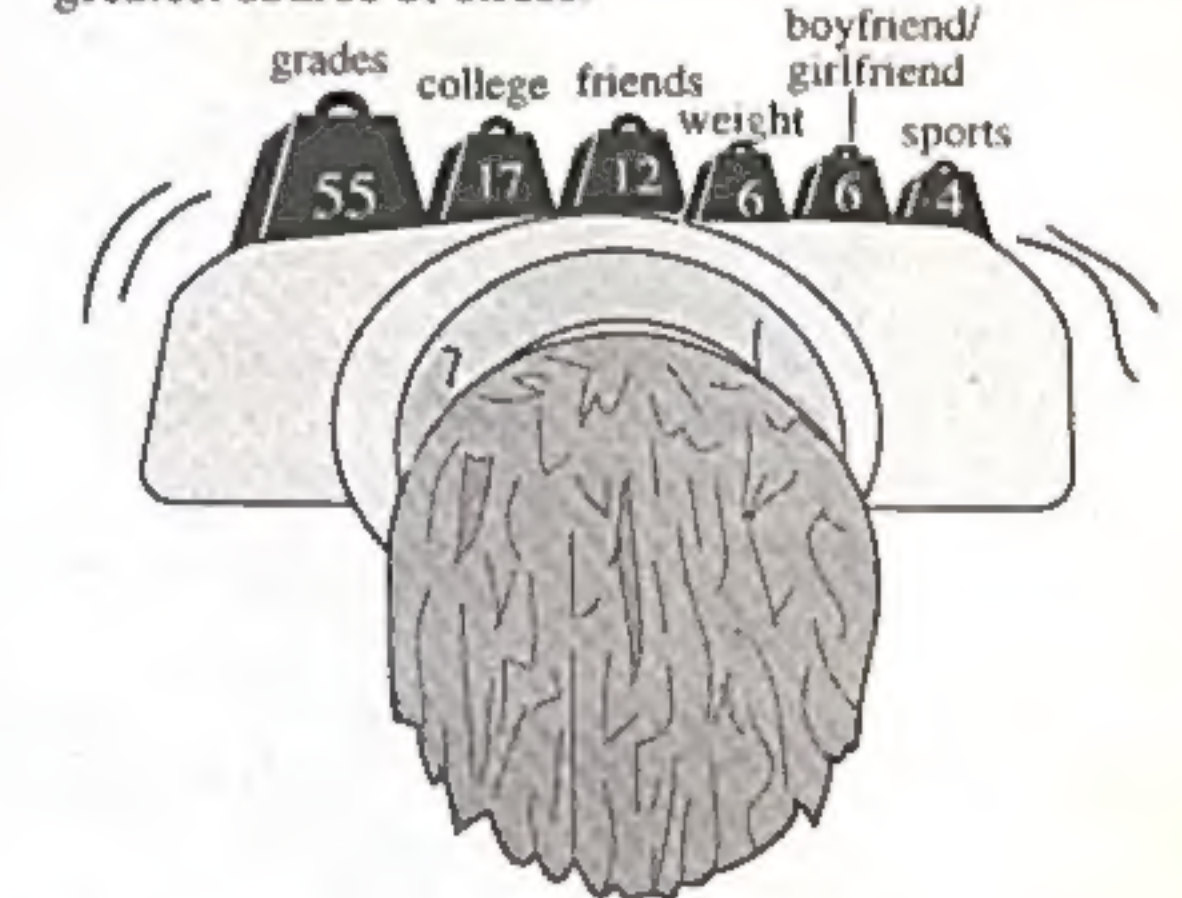
Senior Maisha Blaise said she keeps stress at arms length using yoga and meditation. Junior Darnell Jones said he utilizes similar methods.

"I deal with stress by using relaxation exercises. I use a lot of breathing techniques," Jones said.

For some students, like sophomore Amrita Ahuja, the only way to deal with stress is to take care of the source of the problem.

"I become stressed when I have a lot of problems to solve or work to do. I just do it," Ahuja said. "I usually can't sleep until I do."

Bending Under the Strain
Students feel weight on their shoulders from many different directions. The following numbers are percents of students who find that worry their greatest source of stress.



The Roots of Reaction:

Ever wonder why you feel jumpy, get sick more easily, or have headaches when you are stressed? Believe it or not, these reactions to stress date back to prehistoric days and originally helped the body respond to various situations. Our unwanted reactions to stress are actually remnants of responses which were beneficial to our cave men counterparts.

Original benefits:

- Release of cortisol: allowed our cave cousins to keep their eyes open in a dust cloud or during an attack
- △ Increased thyroid hormone: gave a burst of energy to give a jump start in dangerous situations
- ➔ Endorphin release: the body's natural pain killer which, among other virtues, aided women through childbirth and helped wounded hunters
- △ Thickening of blood: increased oxygen capacity, clotting injuries quickly and improved the ability to fight infections
- ◆ Intensifying of the five senses: put body functions at their maximum ability and acuity

Drawbacks today:

- Release of cortisol: lowers our resistance to infection and illness
- △ Increased thyroid hormone: cause nervousness, shakiness, jumpiness, weight loss and insomnia
- ➔ Endorphin release: chronic stress depletes the body of this hormone resulting in headaches, backaches and aggravating arthritis
- △ Blood thickening: increases chances of suffering strokes and heart attacks
- ◆ Intensifying of the five senses: if prolonged too long, we become burnt-out and less efficient

Source: The Joy of Stress by Peter G. Leven. Information compiled by Emily Troia

Feeling the Strain

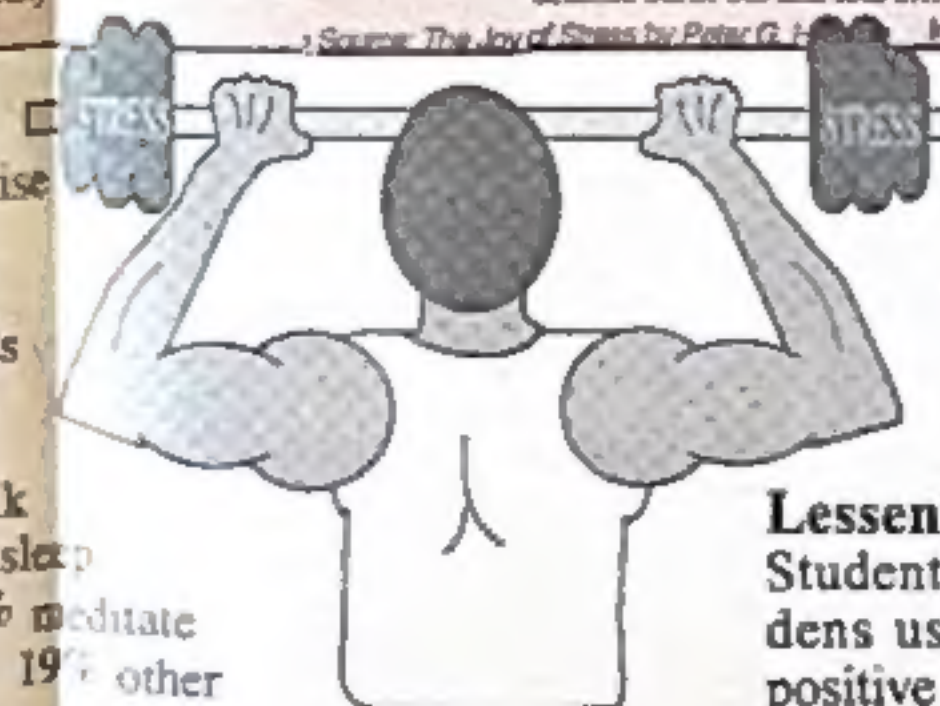
Students' negative reactions to stress

- 44% eat
- 31% are verbally abusive
- 11% smoke
- 8% fight
- 4% drink alcohol
- 2% abuse drugs



Constructive ways males lift their anxieties

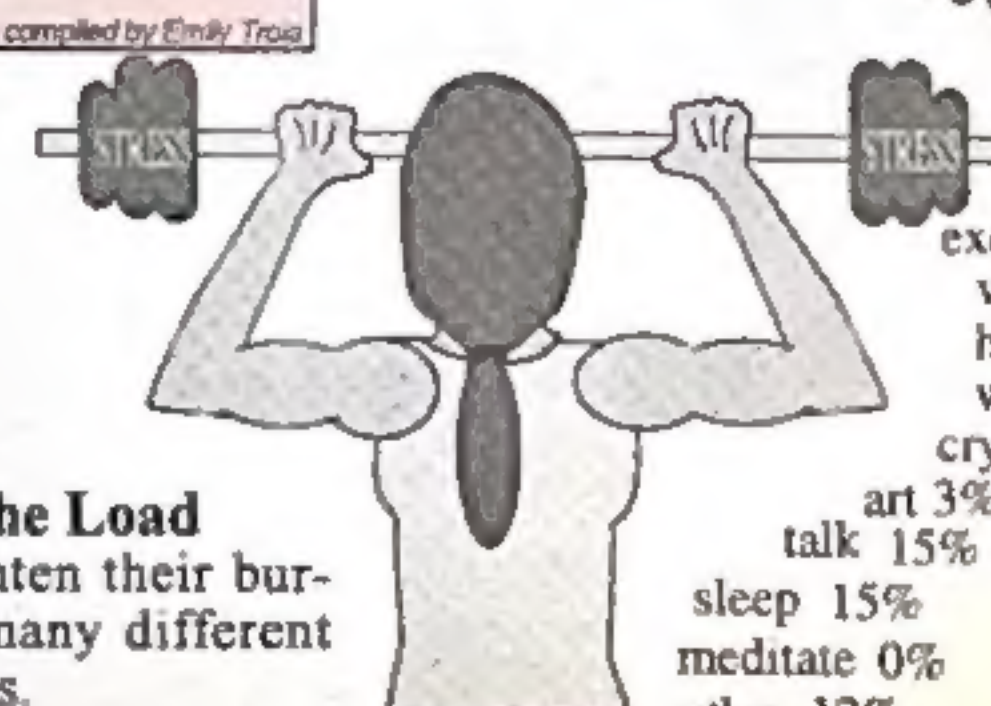
- 23% exercise
- 0% write
- 26% hang out with friends
- 2% cry
- 7% art
- 2% talk
- 13% sleep
- 8% meditate
- 19% other



Lessening the Load

Students lighten their burdens using many different positive means.

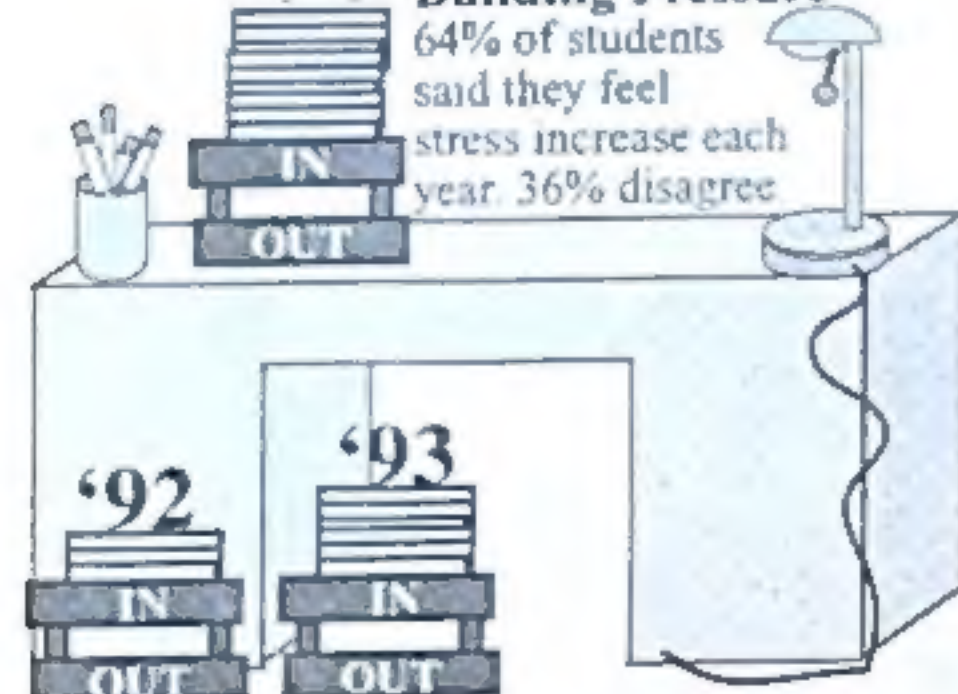
- exercise 27%
- write 6%
- hang out 14%
- with friends
- cry 8%
- art 3%
- talk 15%
- sleep 15%
- meditate 0%
- other 12%



Constructive ways females lift their anxieties

Building Pressure

64% of students said they feel stress increase each year. 36% disagree



Shakerite source: Survey of 250 students

Shakerite artwork by Ben Fogarty

Fans mosh to Green Day, avoid repeat of riot

BY MILES BERGER
Staff Reporter

If you went to a sold out concert to see one of the hottest new bands in the country, and they played for less than an hour, you would probably be disappointed.

Green Day did just that at Blossom Music Center on Sept. 10, but most concert-goers said they had never been to a better show.

The concert was the band's second appearance in the Cleveland area, although a riot forced the first show to be cancelled. Their first attempt at Nautica Stage in the Flats was thwarted when several hundred fans, being denied admittance into the free concert, began a riot in protest. To the relief of security, the crowd at Blossom was well-behaved.

At the concert, opening bands Moist and Sam I Am played hard driving rock music to the delighted ears of the moshers. However, the excitement built to climax when the crowd saw Green Day's singer/guitarist Billie Joe rapidly strumming the first chords of "Welcome to Paradise," one of the better songs on their

new album "Dookie." Although Green Day only played for slightly less than an hour, they commanded the undivided attention of the audience.

After "Welcome to Paradise," Green Day played a song from one of their two previous albums. The band then played

"Longview," and "Basket Case," in rapid succession to the audience's satisfaction. Billie Joe then stepped out of the limelight to switch instruments with green-haired drummer Tre Cool, as the band launched into a medley of cover songs. Green Day played "Eye of the Tiger," from the movie *Rocky*, "We're Not Gonna Take It," and



the ending theme of the Mickey Mouse show.

Despite the relative briefness of the songs, Billie Joe seemed to make a habit of stalling in between songs. However, this did nothing to put a damper on the crowd's enthusiasm.

The actual concert seemed to pale in comparison to the entertainment the crowd provided itself.

Since it was a nice day, many fans arrived at Blossom early to have picnics on the lawn, which was full well before Moist started. Then, several members of the lawn crowd started ripping up dirt and grass and throwing it at each other. Soon, nearly the entire crowd joined into this

activity, and a scene resembling the mud fight Green Day had with its fans at Woodstock II ensued. Although roughly half of the lawn was destroyed in minutes, the grass and dirt eventually wound up being used as padding on the concrete floor of the mosh pit.

After tearing up the lawn, the fans engaged themselves in a new pastime. Groups of people who had brought blankets decided they did not want to sit on them anymore. Instead, they used them to catapult each other into the air. Though flying 20 feet in the air is extremely fun (I did it), it also has its dangers. Security guard Gabe Pszonowski warned one group of blanket throwers that, although he wouldn't make them stop, the activity was dangerous. Several people were injured while participating in the diversion, including one girl who broke multiple ribs in a fall.

After destroying the lawn, moshing, getting thrown up into the air by blankets, and listening to a great band like Green Day, it's easy to see why the fans had such a great time. Especially when you consider the fact that they only paid five dollars to get in.

New teachers rock music world, receive praise from students

BY MARIE FRISOF
Staff Reporter

Musical instruments rarely notice a change in conductors. Students who play the music do. It appears that the band and orchestra students have already taken note of the new band and orchestra directors, Michele Monigold and Michael McDonough.

A clarinetist by degree, Monigold played the snare drum for two years in her highschool band, and has a basic grounding in all wind and string instruments. She came to Shaker as a band director because she wanted to work with a larger group.

So far, Monigold finds the students in the band "wonderful." She feels that they are motivated, "extremely intelligent, and cooperative." She is particularly excited about the band trip to Europe this year. The itinerary for this trip includes Amsterdam, Holland; Brussels, Belgium; and Paris, France.

Most band students seem to find Monigold equally "wonderful."

"She (Monigold) is real nice. She seems to do her job well. She's creative in how she tells you to do things, and fun to be around," freshman Gilbert O'Conner said.

Senior Alex Loeb also agrees with O'Conner.

"I think she's a lot better than Mr. Sundet, the guy she replaced. So far she's doing a good job."

The new band director, Monigold, studied at the University of Cincinnati College Conservatory of Music, and double-majored in clarinet performance and education. She taught in Toledo for two

years, and most recently taught at Newbury, a smaller school on the Cleveland area.

The new orchestra director, McDonough, most recently taught at the University of Chicago Laboratory Schools. Prior to that he conducted chamber orchestras at Northwestern University. He also spent one summer at Six Flags, Great America, an amusement park near Chicago. He conducted a Broadway musical revue every day, twice a day, for approximately 385 concerts. McDonough

plays various instruments including the violin, the viola, the cello, and the piano.

McDonough feels positive about the unusually large size of this year's Shaker Orchestra. He welcomes "everybody who is qualified with open arms." He also feels that the Shaker Orchestra is ready to evolve into something better.

"I see and hear an incredible potential that just needs to be directed," McDonough said.

The students in the Shaker Orchestra also sense the "incredible potential" of which McDonough



AND A ONE, TWO, THREE... Michele Monigold displays perfect conducting form. She is one of two new music directors at the high school this year.

Shakerite photo by Laura Kushnick

speaks.

"The orchestra has had a lot of changes. He (McDonough) can bring together the new and the old students. He is a talented conductor, and hopefully we will have a good musical year," senior Kelcy Eady said.

Freshman Camille Monnier agrees with Eady.

"He seems to like our music, which is important for his job, and he's a good conductor," Monnier said.

Thirtysomething creators score hit with realistic portrayal of teenage life

BY LESLIE SIMON
Staff Reporter

Tired of all of those summer reruns? Bored with Brenda and Kelly fighting over Dylan...again? Sick of Martin and Pam fighting the same fights you saw last season? Good news, the new fall season has arrived! From comedies promised to make you laugh, and dramas guaranteed to make you cry, only one drama is sure to have the best of both emotions, "My So-Called Life."

"My So-called Life," which airs on ABC at 8 p.m., shows the reality of teenage life as seen through the eyes of 15-year-old Angela Chase, played by Claire Danes. In her sophomore year of high school, Angela is trying to discover her own identity by finding her real friends, real personality, and real hair color. With her faithful party-girl friend Rayanne, played by A.J. Langer, and sexually confused male adolescent Rickie, played by Wilson Cruz, always by her side, she can get through any mega crisis that may appear. Angela's life proves to be one rollercoaster ride after another with the discovery that her parents' marriage is not as perfect as it seems, and her crush Jordan Catalano, played by Joered Leto, roaming the halls. Through all of Angela's escapades, one thing remains evident; in most aspects, this series stays true to life by the way that Angela deals with real problems like crushes on guys and parental disagreements.

While "My So-Called Life" is commended for its realism, some of the things that go on would never really happen in actual high school. For instance, in one of the beginning episodes Rayanne and Rickie need to talk to Angela, but she is in the middle of biology class. As the teacher turns her back, Angela sneaks out of the class. The reality factor of that happening at our high school is extremely low. If a student tried to sneak out of class while the teacher's back was turned, they would most likely receive a Saturday school detention or some other form of punishment.

Although some of the situations that

occur in the drama are not realistic, the performance by Claire Danes makes up for the show's few flaws. Being a teenager herself, she portrays the emotions, feelings, and gestures of an adolescent accurately. Because the show did not cast someone in their twenties to try to remember how it felt to be a teenager, the audience can get an accurate feel for the character. By older characters being placed in younger roles, it usually destroys the credibility of the series. Danes' manner of speaking also adds a "teenesque" quality to the drama. By adding the appropriate "like"s and "um"s to her speech, the young audience can relate to her emotions and thoughts.

Many shows aimed for a teenage audience can be found in the new television lineups. While these shows can be entertaining, they do not seem to cover the problems of a n ordinary youth's life. From "Saved By the Bell" to "Blossom" to "The Fresh Prince of Bel-Air," the networks usually portray characters in atypical situations, giving the illusion of a teen utopia. The original "Saved By the Bell" was popular among youths, but there was always a certain Sweet Valley High quality about it. For example, the captain of the football team wanted to 'go steady' with the head cheerleader, the jocks were grouped together while the nerds stayed together, and everyone always worked out their problems in time for the last commercial break.

Another show that pops into my head when thinking of what teenagers watch most is "Beverly Hills 90210." Although this show is exciting to watch, many cannot relate to the problems Kelly, Brenda or any of the other characters face. While it may be a good escape from your own problems for at least an hour, some of the plots are too unrealistic. Practically no one has affairs with their teachers spouses, and the biggest dilemma Kelly and Donna face is that they have so many clothes and so little time.

"My So-Called Life" may be hailed for its realism but its biggest attraction could be the wonderful performances by its talented cast. Be sure not to miss this incredible drama because you will not be disappointed.

During September we celebrate.....

- ✓ Be Kind to Editors and Writers Month
- ✓ International Gay Square Dance Month
- ✓ National Chicken Month
- ✓ National Rice Month

- ✓ National Organic Harvest Month
- ✓ Southern Gospel Music Month
- ✓ Bed Check Month
- ✓ Women of Achievement Month

Shakerite source: Chase's Calendar of Annual Events

New students adjust to different environment

BY KATIE EDELSTEIN

Staff Reporter

The alarm rings at 6:30 and he wakes up, instantly knowing something is different. Today he can't sleep in and spend the day lying out at the beach. Today he can't dribble at the courts or hang out at the coffeeshop. It is the first day in his new school.

Nervous and anxious, he takes a deep breath and slowly ascends the stairs of the huge, four-story building known as Shaker Heights High School. He opens the double doors and steps into a place totally different from what he has known.

He discovers other new students who agree that initially the school's size is overwhelming.

"Wow! This is huge," sophomore Geoffrey Agneberg said when he first saw the building. Coming from a small Catholic school of 800 students in St. Paul, Minnesota, Agneberg thinks the large student body made for a more diverse crowd.

Other new students consider the school's large size an advantage.

"Shaker is more like the real world and will probably make the transition from high school to college much easier," junior Shelly Friedman from Beachwood High School said.

Mark Pozsgay, a junior from Ottawa, Canada, is surprised at the amount of homework he has received.

"At my old school, we had nine classes on a rotating time table. There were six 55 minute periods a day. Therefore, we didn't have as much homework because the same classes didn't meet every day," Pozsgay said.

The extensive tutoring center which was created to ease tension from the challenging curriculum impressed Pozsgay.

"At my old school we had to ask for tutoring. Here it's just a known thing; everyone goes to the tutoring center."

Sophomore David Deming from Nashville said he believes the atmosphere depends on the people rather than the school itself. To some new students, the people here are a lot different from the people back home.

"The people at my old school were very different; a lot of them were sleazy and poor. Most of them had a small town mentality, they weren't very focused on academics," junior Ethan Hyche from Saskatchewan, Canada, said.

The freedom of Shaker delights many new students who are not used to such luxury. Deming relates the amount of freedom a school has to its location.

"I thought my old school was pretty unique. We were allowed to eat outside. Shaker has even more freedom, which probably has to do with the fact that it's a neighborhood school; people live right across the street. The public schools [in Nashville] had hardly any freedom because they were near interstates. My school was in the middle of downtown," Deming said.

Senior Katarina Sprung from Ellicott City, Maryland, takes advantage of freedom for seniors.

Sprung enjoys that seniors at Shaker have an open campus, opposed to her old school where everyone had to stay in. Sprung also likes eating in the social room.

In terms of sports, sophomore Bryan Taylor from Houston said he believes that a unique variety of opportunities for athletes are offered here. Taylor also likes the option of the weight training program.

"At my old school it was just 'lift and go' but [at Shaker] they actually supervise and watch you. They seem to care more about their students and therefore expect more out of them," Taylor said.

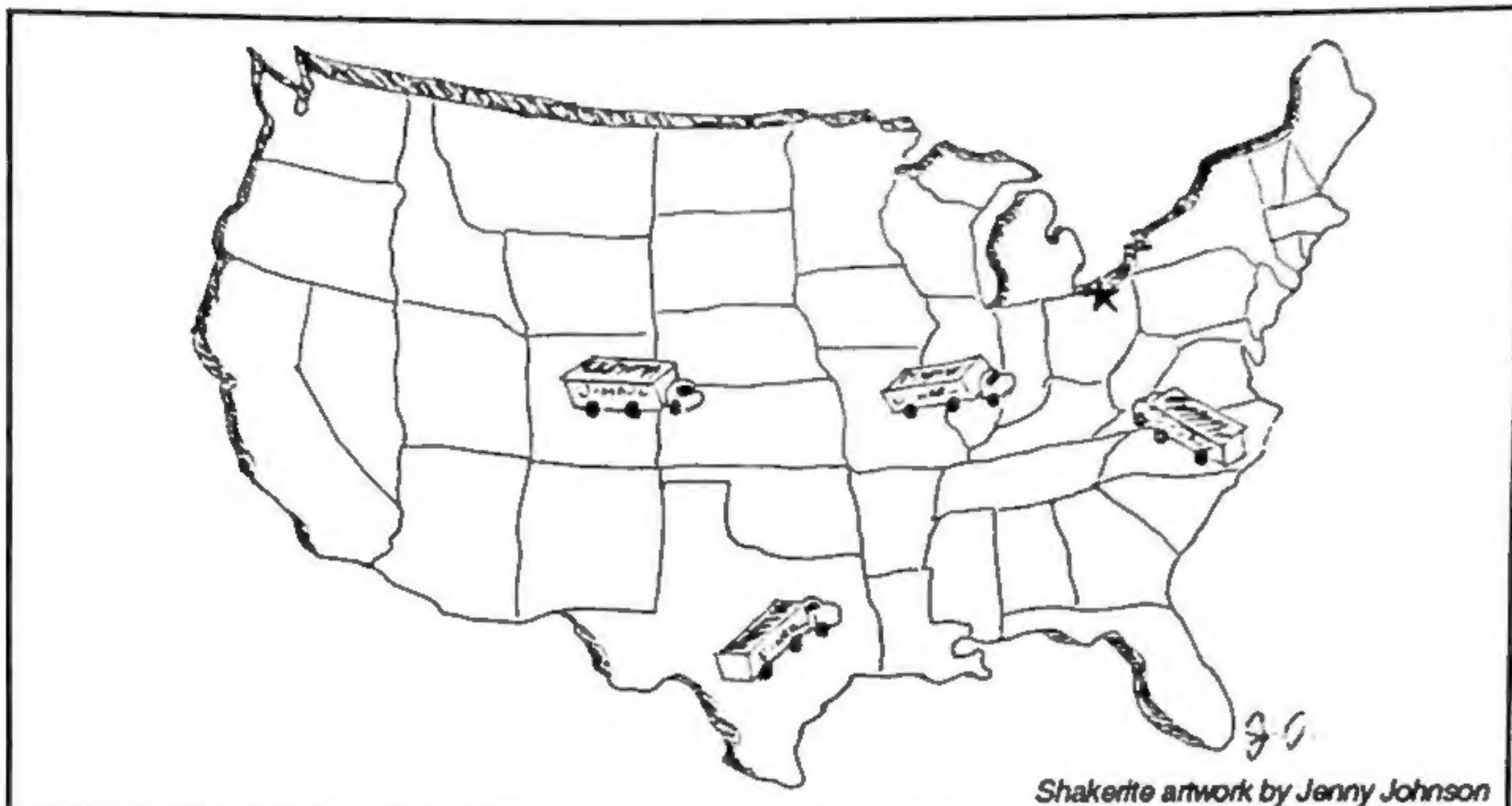
Some new students found a very different schedule and setup here. Both Pozsgay and Hyche are used to having an entire hour for lunch, and at Pozsgay's previous school each student was entitled to a "spare"; one free period when the student could go home if he or she wanted to.

Sophomore Erica Howaniak from Brunswick, Ohio, attended a school with an entirely separate area for freshmen with their own cafeteria and gym.

"This setup had its good and bad points [for the freshmen]. It was nice because we were getting used to the school and it was easier when you knew everyone around you. In a way, though, it was bad because we also wanted to meet upper-classmen," Howaniak said.

Music here strikes some new students as different. Agneberg hears more rap and hip hop music here, while at his old school, the students listened to mostly alternative.

With a stroke of accomplishment under his belt, he lets out a sigh of relief. The first month in his new school is over and as the uneasiness vanishes, he nonchalantly tosses his map of the school in the garbage. He looks down the hallway of his new school with determination. He is now ready for the new and stimulating environment at Shaker Heights High School.



Shakerite artwork by Jenny Johnson

Clean Up! Cafeteria mess out of control

BY JESSICA WEEKS

Staff Reporter

Empty cans. Crumpled brown paper bags. Trash-filled trays left after the bell. Toppled chairs.

These are just a few of the sights that greet custodians every day after a busy lunch period.

This mess is a source of concern to some administrators, including Assistant Principal Randall Yates. Yates said that he wishes that more students would do a better job of cleaning up after eating instead of merely leaving their trash behind for the janitors and cafeteria staff to clean up.

"I find it appalling that students think that it is somebody else's responsibility to clean up after them," Yates said.

Assistant Principal Richard Vlah agreed that some students are irresponsible about depositing their trays and trash in the proper receptacles. He also stressed, however, that many other students do clean up after themselves and deserve credit for that.

"If we don't closely supervise students, some of them just leave their stuff behind," Vlah said. "With some students it's intentional, but some just forget."

Sophomore Jennifer Mulligan agreed with Vlah and said that although she usually throws away her trash, she sometimes leaves it behind by mistake.

"I try to throw away my stuff everyday, but on some days I just forget," Mulligan said. "When the lunchroom is really busy, my main concern is just getting out of there."

Custodian Pearle Brundidge said that the custodial staff expects a certain amount of trash from so many kids, but that she does not like it when students leave their things behind on purpose.

"I would like [the students] to do better in the cafeteria for us... and not just get up with no concern except for themselves," Brundidge said.

She also said that the main problems are the trays left on tables. She said the custodians would appreciate it if the students would bring them to the proper place.

Sophomore Mike Andrikanich said that the reason that he sometimes doesn't throw away his trash is because there are not enough trash cans and the space around them is always crowded.

Yates said that a remedy to this problem might be to place more garbage cans around the cafeteria so that they are more easily accessible.

Both Yates and Vlah said that they cannot force the students to clean up, but that the students themselves have to decide to be responsible.

"Nobody learns by being made to do something," Yates said. "It should come from within."

Health teacher Hubert McIntyre said that students think it is someone else's responsibility to clean the cafeteria. He said that it is an issue of respect, ownership and pride.

"Some kids have not learned [to clean up] at home. Someone picks up after them. It's manifesting here," McIntyre said.

Sophomore Michael Malangoni said that he has no problem cleaning up his table because that was what he learned to do at home.

"Of course I clean up after myself," Malangoni said. "That's how I was brought up."

Vlah said that the administration has tried to put up signs reminding students to clean up in past years, but what works best is patrolling the cafeteria and watching students.

"We continue to walk around to encourage and remind students to clean up," Vlah said. "This eventually leads to a cleaner cafeteria."



TRASH IT. Students leave garbage in the cafeteria for others to clean up.

Shakerite photo by Larry Laitson

Last names give insight into family history

BY RACHEL ZINN

Staff Reporter

Adams? "Here." Burnett? "Yeah, uh, here." Caldwell? "Here!" Donaldson? "Yeah." Sounds familiar, doesn't it? You hear your last name every day, but chances are, you never wonder where it came from.

The Hebrews, Greeks and Romans all created last names, also called surnames, as a way to identify people with the same first name. Last names then disappeared until the 10th century and have existed ever since, according to *Our Names* by Eloise Lambert.

According to Lambert, the four basic types of last names are patronymic, derived from the father's name, such as Peterson or Williamson, a name from the place where a person lived, the name of the trade a person practiced, such as Baker or Taylor and a descriptive name. An example of a descriptive name would be White for a fair-skinned person or Goodman for a man with a reputation for honesty.

Sophomore Mike Chaney has a name in his family derived from a historic place.

"There was the last name Bransford way back in my mom's family. The name came from the name of the manor that they owned. The manor was named after a ford across the Thames River that was controlled by a British chieftan named Bran. The name Bransford means 'ford of the Brans'," Chaney said.

Some immigrants "Americanized" their names, according to *Finding Your Roots* by Jeane Westin. For example, Kuznetsov means "blacksmith" in Russian, so it could be changed to Smith in America and still keep the same meaning.

Freshman Eric Johnson's name was changed for a similar reason.

"My last name used to be Johanson, but my family changed it to Johnson when they came to this country," he said.

Another common name change was made by slaves who adopted a new surname after they were freed.

"Some wanted to shed their master's surname. Others...wanted to adopt a more conventional name," by Charles Blockson said in the book, *Black Genealogy*.

The names of some students were changed at Ellis Island by accident.

"My great-grandfather's name on my mother's side was Lipkovitz, but when he came to this country, they spelled it Labovitz in some paperwork. He got the mistake changed, but if he hadn't, his name would have been the same as my father's side of the family. Their name was Labovitz, also," sophomore Erica Labovitz said.

Freshman Celeste's Ng's name was also changed by accident.

"My great-grandparents came here from China with permission from the government, but to get permission, they had to get papers that were given in America. They got papers from another family that was already in

America. The last name of the other family was Ng, so that became their last name too," Ng said.

One recent custom is to hyphenate a married person's last name. This custom then allows both husband and wife to keep their own name but take their spouse's name as well.

Foreign Language teacher Edna DuffyMurphy chose to take on her husband's name while keeping her own for singing and dancing.

"I'm not a hyphenated person. I'm one person, so I have one name," DuffyMurphy said.

English teachers Carol VanValkenburg and Rosemary Merchant said that they were married at a time when women rarely kept their maiden names.

"I don't know anyone who was married at that time [that kept her name]," VanValkenburg said.

Merchant agreed and said that women in her profession and social class did not even consider using their names instead of taking that of their husbands'.

Last names not only distinguish people from one another, but each name has a history as well. A last name can tell what a person's ancestor did for a living or tell a story about how someone's grandparents immigrated and changed their name to become more American. Your last name is a little sliver of a past that is unique to you and your family.

Xenakis? "Here." Younger? "Over here." Zeigler? "Yes."

Who ever knew attendance could be so much fun?

What's your real name?

Julie Andrews- Julia Wells

Pat Benatar- Patricia Andrejewski

David Bowie- David Robert Jones

Chuck Berry- Charles Edward Anderson

Mel Brooks- Melvin Kaminsky

John Denver- Henry John Deutchendorf

Bo Derek- Cathleen Collins

Hammer- Stanley Kirk Burrell

Patti LaBelle- Patricia Louise Holte

Ann Landers- Ester Pauline Friedman

Abigail Van Buren- Pauline Ester Friedman

Huey Lewis- Hugh Anthony Cregg III

Toni Morrison- Chloe Anthony Wofford

Axl Rose- William Bailey

Charlie Sheen- Carlos Estevez

Martin Sheen- Ramon Estevez

Shakerite source: *The Book of Lists*



Shakerite artwork by Amy Johnson

Celebrities with pseudonyms

Sting- Gordon Sumner

Stevie Wonder- Steveland Morris Hardaway

Anne Rice- Howard Allen O'Brien

Michael Keaton- Michael Douglas

Evel Knievel- Robert Craig

Ross Perot- Henry Ray Perot

Iggy Pop- James Jewel Osterburg

Jane Seymour- Joyce Frankenberg

Albert Brooks- Albert Einstein

Brigitte Bardot- Camille Javal

Nicholas Cage- Nicholas Coppola

Susan Sarandon- Susan Tomaling

Robert Joffrey- Abdullah Jaffa Arver Beykhan

Hedda Hopper- Elda Furry

Conway Twitty- Harold Jenkins

Bea Arthur- Bernice Frankel

Shakerite source: *The Book of Lists*

BY DEBBIE LIBMAN

Co-Feature Editor

"What's in a name? That which we call a rose by any other name would smell as sweet." When Shakespeare wrote these famous words years ago, he was referring to surnames.

But first names also have a history of their own.

First names in the United States have changed with the decades. Around the turn of the century in New York City, Mary and John were the most widely used names. Linda and Robert took the prize in 1948, while Jennifer and Michael were on top in 1982, according to Paul Dickson's *Names*.

Ethnic and religious backgrounds are two of the major factors determining a person's first name.

Junior Elizabeth Lim has not only her American name, but she also possesses a

traditional Chinese name, Mai Li, which means "beautiful jasmine." Her family tradition dictates that every female relative in her generation must have a Chinese name beginning with Mai. This name was given to her by her grandfather.

"The oldest male member of the family is in charge of names for the entire family. When he dies, it is passed down to the next in line," Lim said.

The Jewish tradition states that the child, particularly among the Ashkenazic Jews of Eastern Europe, should not be named after a living relative. Jews believe that the person whose name is being used will be denied a full life, according to

Alfred J. Kolatch's *The Jewish Book of Why*.

Rabbi Benjamin Kamin said that most Jewish names, like his own, are taken from the Bible or are Yiddish derivations of Biblical names. Other Jewish names are in honor of a deceased relative.

This heritage is the case in junior Nancy Green's name. Green was born a few months after her grandmother Norma died. Green's parents chose to use the letter "N" in their daughter's name in memory of Norma.

African heritage, on the other hand, uses several factors in determining names of children. Such factors are the time of

day the child is born, the day of the week, or any special circumstances in the home or community.

These traditions involving first names, which were adopted long ago, are still widely used today.

In fact, until the 16th century, surnames were an uncommon identifier. People were known and referred to by their first names alone, according to *A Book About Names* by Milton Meltzer. Around the time that Columbus came to America, the custom changed to a more formal one in which first names were virtually obsolete. Today, however, first names are once again more commonly used in conversation.

Romeo and Juliet's fates were destined by their names while our names are products of our histories. . . and that's the name of the game.

Julie Gallagher contributed to this article

What's in a name?



Hey baby, what's your sign?

In the West, people analyze their personalities and predict future events by studying the position of the stars when they were born. In Asia, people use the ancient Animal Zodiac to explain personalities and predict future happenings.

People born in certain years of the zodiacal cycle possess specific characteristics according to which animal corresponds with different years.

Rat: 1936, 48, 60, 72, 84
Ox: 1937, 49, 61, 73, 85
Tiger: 1938, 50, 62, 74, 86
Hare: 1939, 51, 63, 75, 87
Dragon: 1940, 52, 64, 76, 88
Snake: 1941, 53, 65, 77, 89
Horse: 1942, 54, 66, 78, 90
Ram: 1943, 55, 67, 79, 91
Monkey: 1944, 56, 68, 80, 92
Rooster: 1945, 57, 69, 81, 93
Dog: 1946, 58, 70, 82, 94
Boar: 1947, 59, 71, 83

♦**Rat:** Active, hardworking, patient, alert, charming, honest, ambitious, restrained and prone to gossip.

♦**Ox:** Outwardly deliberate, slow-moving, indecisive, patient, alert, quiet, emotions are reserved, stubborn, hate to fail, inspire confidence in others.

♦**Tiger:** Thoughtful, sensitive, sympathetic, prone to indecision, quick temper, suspicious nature, do not easily trust others, selfish, narrow-minded, bad tempered.

♦**Hare:** Timid, weak, easily led by strong characters, lovable, ambitious, talented, smooth talkers, tactful, unwilling to hurt people, virtuous, clever at business, conservative, somewhat given to melancholy, preachy, rarely lose tempers.

♦**Dragon:** Healthy, energetic, brave, honest, sensitive, dislike borrowing money, sincere, opinions are thoughtful and valid, large mouths, excitable, devoted to worthy causes.

♦**Snake:** Wise, profound, compassionate, vain, can be annoying, determined, persistent, hate to fail, prefer to rely on their own judgement, intense, very beautiful.

♦**Horse:** Smooth spoken, given to compliments, popular, cheerful, alert, talented in many directions, like to dress in high style, impatient, highly emotional, independent, short tempers, enjoy crowds and entertainment.

♦**Ram:** Tender hearted, sympathetic, generous, loved by their friends, often taken advantage of because of natural kindness, unassertive, unsure of themselves, elegant, talented, accomplished in the arts, passionate, puzzled about life.

♦**Monkey:** Clever, skillful, passionate, strongly inventive, original, outstanding memories, curious observant, successful.

♦**Rooster:** Profound thinkers, busy, devoted, always sure they are right, distrust others, blunt, outspoken, brave.

♦**Dog:** Loyal, honest, trustworthy, successful in business, cool under stress, sharp tongues, can be selfish, stubborn, insouciant.

♦**Boar:** Courageous, headstrong, strong, honest, gallant, chivalrous, pure, persistent, kind, affectionate, studious, quiet, frank speakers.

Shakerite source: *The Asian Animal Zodiac*
Zodiac facts compiled by Seema Shah

Rapunzel, Rapunzel, color your hair

BY ANGELICA ELLIOTT
Staff Reporter

Meet Jane. See Jane's hair. Jane is not happy with her hair. See Jane chop all of her hair off. Jane is still unhappy. See Jane dye her blonde hair black. See Jane's parents freak. Jane is finally happy.

This is a scenario that is happening more often. Whether it is from long to short or straight to curly, forming a new look is popular. One of this year's hottest trends is dyeing hair.

Hair designer Robbie Ward, of Experience Contentment Hair Salon in Maple Heights, found her hands dabbling in an array of colors this season.

"I've had students come to me wanting their hair dyed anywhere from bright blue to purple," Ward said.

Is hair-dyeing simply a fad? Some students think it will wear off eventually.

"I think some people are basically changing their hair color to get noticed or because other people are [changing color]," senior Kelcy Eady said.

Senior Leslie Waller agreed with Eady.

"I think it's like a chain reaction. One person dyes or changes her hair and pretty soon other people start doing it," she said.

Students like junior Julie Kovach think that dyeing will stay around for awhile.

"As long as there's a Coventry around

here, people will be dyeing their hair," she said.

Other students simply become bored with the same hairstyle and feel that sometimes change is necessary.

Senior Keith Oliver, who recently dyed his hair a shade of red, said he often feels compelled to change the style and color of his hair.

"Everyone who knows me knows that I can never keep the same hair style for very long," he said.

Oliver also changes hairstyles for modeling purposes.

"Different hairstyles and hair colors make my portfolio look better and more interesting," he said.

Senior Lisa Carlini has also dyed her hair more than a few times and thinks it is up to each individual person.

"I just got sick of my natural hair color and wanted a change," she said.

Students are not the only ones around school who have learned to accept this new trend and way of expression.

Social Studies teacher Dr. Cameron Buckland feels that using hair as a way to express yourself is fine as long as you are not conforming to those around you.

"If students think that [changing and dyeing] their hair is a statement of individuality then they need to look at themselves

as individuals, and if they are still happy with themselves after the change then it is okay," he said.

Parents, on the other hand, have sort of been forced to accept changes in hair fashion.

"My parents freaked out in the beginning, but then figured out there was nothing they could do about it," Carlini said.

If you are thinking about dyeing your hair, Ward said, it is better to go to a professional and get things done right the first time. At the average salon, it costs about \$45 for a complete color, wash and curl.

Changing hair color has damaging effects on hair. Excessive coloring and over coloring make hair dry and brittle, which causes hair breakage, according to Ward.

Don't worry if you don't happen to have the guts to dye your hair because another trend this year is the tapered bob. This particular bob adds plenty of body and thickness to the hair. No longer is the straight, stringy head of hair in style. The more body the better, Ward said.

The tapered bob is becoming more popular because of its versatility. People don't have to chop all of their hair off in order to wear this style. A bob style looks best on those with medium to short hair.

Bid farewell to Jane. She is happy with her hair at the moment, but will she continue to be satisfied? Probably not. As the seasons change, so do hairstyle trends. The cycle will never end.

Shakerite artwork by Ben Fogarty

Springstubb: the man, the myth, the legend

BY VANYA GREEN
Co-Editor-in-Chief



It was to be the defining moment of his high school career.

A skinny junior in high school, he nervously sat by the wrestling mat, praying that his name would not be called, when the gym teacher paired him up to wrestle the school bully.

English teacher Paul Springstubb remembers the day clearly. The day he held off the toughest kid in school. The day his social status and self esteem skyrocketed.

But as proud and as happy as he was, he was as lost as ever.

"I had no idea who I was in high school and I didn't know that I had no idea," Springstubb said. "I was hanging out with the wrong people and I didn't even go to my senior prom. The girl I liked didn't want to go, and I didn't want to go with anyone else."

It was not until college that Springstubb started to discover who he was and who he is today.

"College was key to my being the person I am," he said. "It opened up the world to me. I did not enjoy high school. I have to credit college and a few professors who introduced me to the kind of thinking that I like to do."

Enjoying his work as a philosophy major, Springstubb began to take himself and life more seriously.

"We're a world with very serious problems," he said. "You can't sit back and just look to be entertained and get caught up in a culture that offers trifling alternatives for your time. The world needs serious people who want to accom-

plish something."

Along with being concerned with world problems, Springstubb focuses much of his attention on the problems within our school.

"I think that Shaker could be a far more innovative place," Springstubb said. "I've long argued that the school day as it is structured is almost the antithesis of what I would want for learning. There is something obviously fundamentally wrong with that. Few adults could sit through the days that we expect students to sit through."

Some suggestions that Springstubb has would be to adapt Shaker to be similar to TheodoreSizer progressive schools. In contrast to a school with essentially unrelated 50 minute classes, the subjects in Sizer's schools are intertwined. Correlations are made between classes such as French and Math and the subjects are taught concurrently.

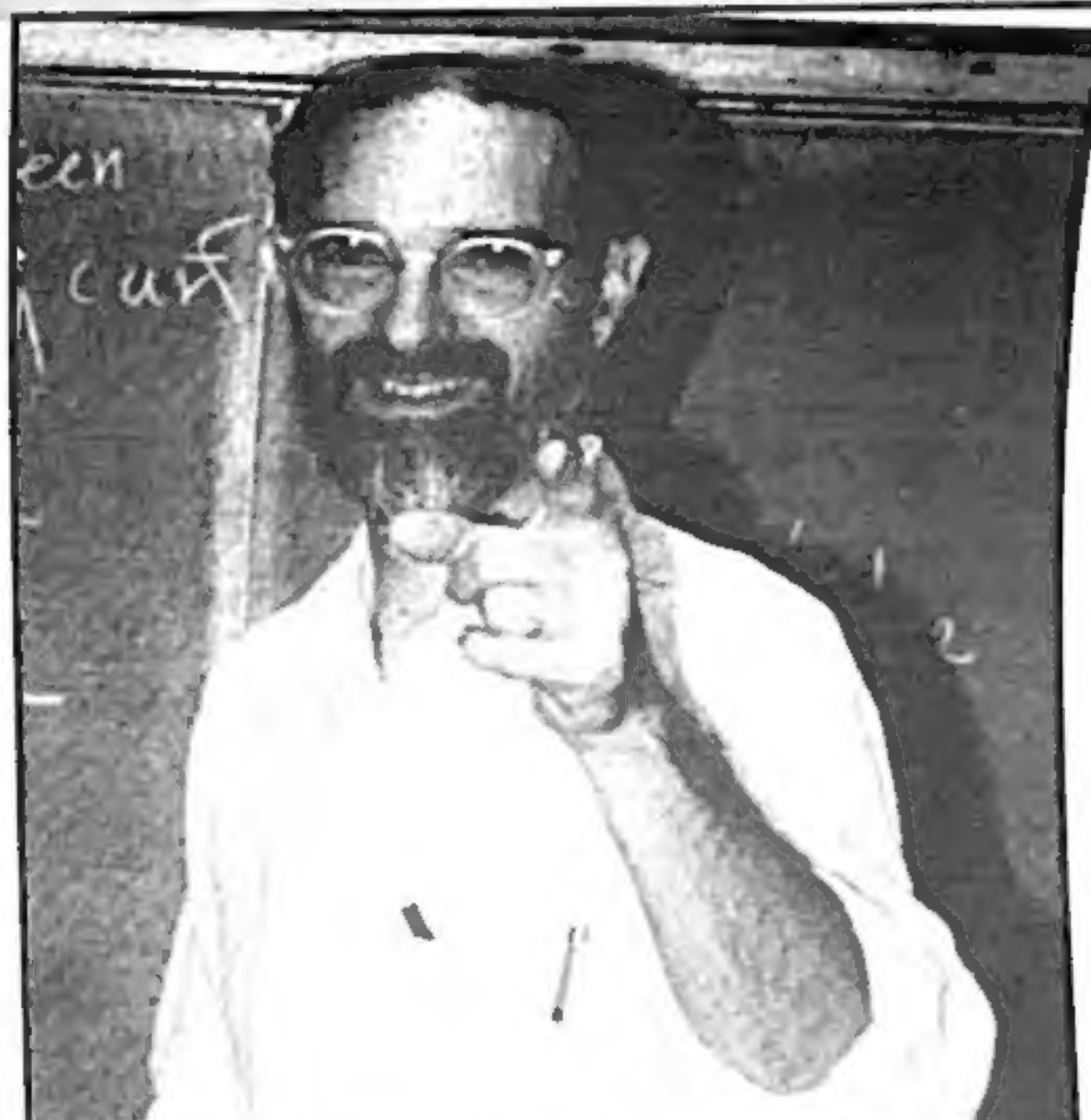
Springstubb recognizes, however, that it would be difficult to change.

"The system is so entrenched, it's hard to imagine how you can really start from scratch," he said. "The impetus for change is not very strong. I've made suggestions that people have not picked up on and that I haven't aggressively pursued."

Within his own classroom, Springstubb attempts to motivate students to want to think and learn and encourages intellectual curiosity.

"If I think something is an iron-clad argument, I'm delighted to find a student who can challenge it," he said. "I'm going to take you seriously if you're my student, and I'm going to challenge you to be serious."

Along with being serious, however, Springstubb feels that it is important to



A MIND OF HIS OWN. English teacher Paul Springstubb challenges students to use critical thinking skills.

Shakerite photo by Larry Larson

maintain a sense of humor.

"I like to say something funny. I can't define what it is, but I know I have a certain sense of humor," he said. "I just feel fortunate that I have a sense of humor that jumps out at times."

Now that Springstubb has more of a sense of himself, he feels more comfortable with his personality — his seriousness and sense of humor.

Whereas Springstubb said that he was very insecure in high school and always trying to prove that he was cool, he said that he is now much more confident.

He recognizes that many students have the same fears and insecurities that he had in high school. By inspiring students and challenging them to think, Springstubb hopes that like him, they will begin to appreciate their individuality.

Women's locker room gets a much-needed facelift

This summer, the girl's locker room was improved by repainting the walls and lockers, adding benches and an exhaust fan. The remodeling was promised after the boys locker room was redone.

"Basically, the lockers were old and green, we couldn't even get parts for it. We opened up the area and provided benches, and the paint job brightens up things," department head Linda Betley said.

No further improvements are scheduled in the near future.

Women's tennis swings its way to undefeated league start

The women's tennis team is off to a quick start with a record of 13-4 overall and 5-0 in the Lake Erie League.

"This is the best womens team in the last 10 years," coach Al Slawson said.

The team is ranked 20th out of about 350 schools in Ohio.

Team members are optimistic that there will be more success to come.

"This year's team has been very successful so far, and I know we are going to do well in both team and sectional tournaments," senior Lindsay Wiggins said.

There are several factors that have contributed to the teams early success this season.

"Our preseason mid-Ohio trip and the fact that we began practicing in early August both helped us prepare for our matches during the season," Wiggins said.

Slawson said that the number of long time varsity players has also helped with the team's success. There are five seniors on the varsity team and three out of five of them have been on varsity for four years.

"It is very unusual to have that many players who have played varsity for that amount of time," Slawson said. According to Wiggins the team is confident and the members support each other.

"We go on the court and win," she said, "and we have fun doing it."

—Angelica Elliott

Men's soccer kicks off season with a slow start

The men's soccer team is off to a slow start with a 3-6 record mainly because the team faced many of their toughest opponents early in the season.

Head coach Patrick Sweeney said that eight of the top fifteen teams in Northeastern Ohio are on the Shaker schedule and that the team will improve.

"I think that we will win at least half of our games this year," Sweeney said.

Senior co-captain Chris Morgan, agreed with his coach in predicting that things will get better for the team.

"We've started off the season with a tough schedule, but as the schedule eases up, I think we'll do better," Morgan said.

The team practices every day after school. They try to master the elemental skills of trapping, passing and heading as well as scrimmage. Sweeney said he tries to prepare his players in practice for what they will experience in a game situation.

"We try to keep the practices game oriented. What the guys see at practice is what they'll see during a game," Sweeney said.

The team is also made up mainly of younger students. Five of the eleven starters are sophomores, including co-captain Ben Cooper, and two are freshmen. Sweeney says that because the team is so young, their prospects for next year are good.

—Thomas McGill

Football team is 17th in Ohio

BY SCOTT FULLER
Staff Reporter

After last year's season in which the football team held a 6-4 record to win the first ever Erie Division title of the Lake Erie League, it would seem that this year would be somewhat of an emotional letdown. With a perfect 4-0 record, however, nothing could be further from the truth.

"This year we're going to make the playoffs and go 10-0," senior Courtney Ledyard, who the Plain Dealer referred to as the 'Sackmaster,' said. Ledyard, a 6'3" 235 pound defensive end/tight end, is one of the reasons why Shaker is off to its undefeated start.

Ledyard has played well in victories against Chanel, Central Catholic, and Lakewood. Shaker also rolled over arch rival Cleveland Heights with a score of 44-6. It is this fabulous play that has gained the attention of many college recruiters, including scouts from Wisconsin, Illinois, and Ohio State.

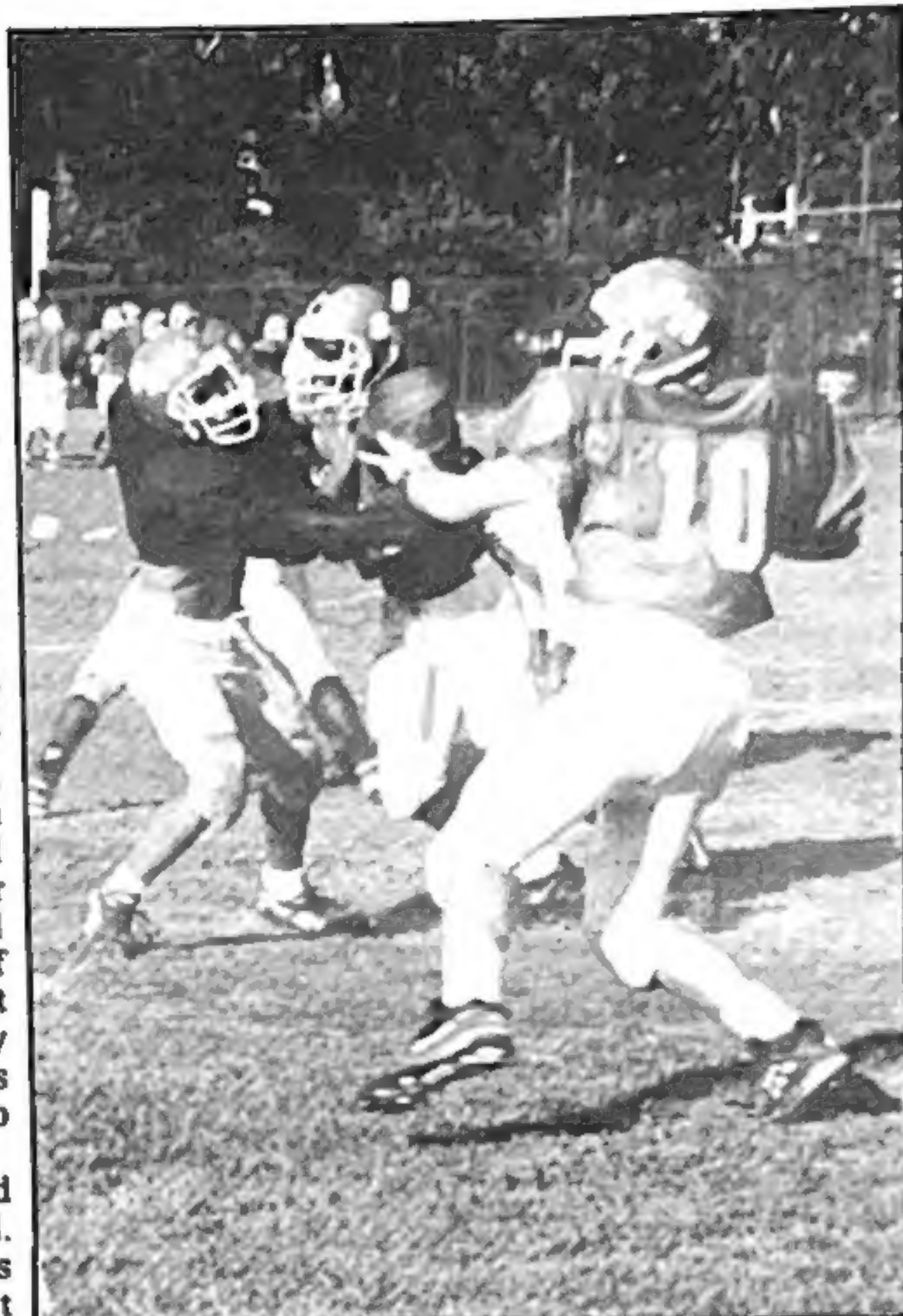
"Courtney is a real dedicated kid," coach Dave Sedmak said. "He gets a lot of publicity, but he's not arrogant and he doesn't let it get to his head."

Senior offensive lineman Chris Kalafatis had much of the same to say about him.

"Courtney's a team player, and he's not cocky or arrogant. He puts the team before himself."

Although Ledyard has recieved a great deal of publicity, he is by no means the only reason why the Raiders have been so successful.

Alternating quarterbacks senior Sean Malone, and junior Charlie Fuller,



TOSS IT! Senior quarterback Sean Malone looks for a receiver. The team is off to its best start in years.
Shakerite Photo by Larry Latson

plus a group of seniors including tailback Rayshon Bacote, fullback Ron MacCannon, split end Alex Green, flanker Brian Sowell, Guards Jay Munyasa, Michael Gantous, and Jason Sable and tackles Jeff Rivers, Ebon Harrison and Kalafatis all add to the Raider's power.

In order for the Raiders to maintain their dominance on the field the team prac-

tices every day after school. First they run and then they break into working with their positions. Finally they practice plays. During the entire offseason, the team trains every day, either by lifting weights or by running.

"We practice as a unit. If one of us doesn't do well, none of us do well," senior offensive guard Jason Sable said.

Sedmak had more praise for this year's team.

"This is the best group of kids I've ever worked with in any sport, and I've coached 16 to 17 varsity teams with five league champions," he said. "We have very few players out for individual glory, and that can be a real problem [if they were.] We don't have too many positions where players can slack off."

In Sedmak's second season as coach the players have become adjusted to the system.

"This team isn't much different from last year's team," admitted senior offensive/defensive tackle Jeff Rivers. "But it's a lot different from two years ago. There's a big attitude change. We're working well together as a team, and not as individuals."

"We're a closer unit, more of a family," Kalafatis said.

The Raiders have been noticed by the media as well. Ranked 18th in The Plain Dealer Poll at the start of the season, Shaker jumped to 15th, 9th and then 8th in the following weeks. In Division I Shaker was ranked 17 in the state by the Ohio Associated Press football poll.

"We're shocking a lot of people," said Ledyard. "But I know Shaker football will always be on top, always a contender."

Field Hockey looks to make state tournament for third straight season

BY LEIGH STEVENS
Staff Reporter

The field hockey team is beginning another season, and they hope to continue their winning streak from past years.

The field hockey team began their training a few weeks before school began, according to coach Linda Betley.

Many of the team members worked hard during their off season, from January to May, to improve their game, Betley said.

Some of the members on the team were selected to participate in the Futures Program. The Futures Program is a program designed to help women who plan on playing field hockey after high school. Betley said she recommends players for the Futures Program whom she feels may pursue field hockey in college.

From the entire Futures Program, 48 of the top players were chosen to go to the Junior Olympics in Cocoa Florida. Two members from the Shaker team were chosen to take part in this select program. They were juniors Tonia Porras and Jennifer Webb. Porras played in the 18 and under division and Webb, who was honored as a Plain Dealer player of the week, played in the 15 and under division. Both of the girls teams in these divisions won bronze metals.

"I was very happy to be chosen to play with the Junior Olympic Team. I got to play with some of the best people in the nation, and I hope what I learned through this experience will help me improve and become a better team player," Porras said.

The Shaker field hockey team has gone to the state tournament for the past three years. Three years ago Shaker won the state tournament and the following two years they placed second, according to Betley.

This year the field hockey team shows promise in qualifying for the state tournament again, according to junior Heather Landers.

Betley agreed with Landers and her high ambitions.

"I believe that we have a very skilled team," she said. "But we all need to spend time learning how to work together on and off the field."



GET IT! Junior Gill Grim chases after ball during a recent field hockey game

Shakerite photo by Larry Latson

Cross country races through winning seasons

The Shaker women's cross country team has their best chance in years at winning the Lake Erie League title, according to head coach Henry Woodard.

"I foresee an intense struggle for the top position between ourselves, Mentor, Lakewood and Heights," he said.

Having placed second in their first meet and sixth at their second, the team looks forward for improvement in their upcoming meets.

According to Woodard, the team is led by Julia Andrews, Adina Wright, Kamilla Williams, Ebony Johnson, Bakara Lewis, Kim Dean, Andrea Chambers, and Jimeka Halloway, all of whom run the five kilometer race.

To get in shape for their meets Woodard said the team runs alot.

"(The daily practice consists of) Running, running and still more running," he said.

Meanwhile the men's cross country team is currently residing in third place, however by the end of the year coach Charles Richards hopes they will be at the top.

The slow start Richards attributes to lack of training in the offseason.

Richards said that the main competition in the league would be Lakewood and Mentor but in the districts Valley Forge should also pose a threat.

According to Richards the teams top runners include John Tetzlaff, Aaron Sharpley, Adam Johnson, Ron Thompson, Mike Loveman and Jeff Kelleher, all of whom run the five kilometer race.

During the teams first meet against Benedictine the mens cross country team was victorious. In their meets at both North Canton and Welsh they finished seventh out of fourteen opponents. At the Lake Erie League meet the team placed second behind Lakewood.

-Thomas McGill

Revised athletic code cracks down on violators of substance abuse policy

BY BRENDAN MASINI
Staff Reporter

Harsher penalties have been imposed on abusers because of the athletic code's changed drug and alcohol policy.

The athletic code is a list of guidelines that all student athletes agree to follow by signing the "Interscholastic Athletic Policies and Participation Agreement".

"I never read the athletic code before I signed it," two anonymous students said, defending their ignorance.

According to Athletic Director Jerry Masteller, in the past, the alcohol and drug policy.

Masteller said last year there was one incident where an athlete failed to follow the guidelines of this policy. Because of this incident, the athletic department and Principal A. Jack Rumbaugh collaborated over the summer and developed a revised edition of this section of the athletic code that took the decision away from the coaches and set a standard rule for all athletics.

The change is in the penalty for any infraction of the policy according to the new athletic code. This year the penalty will be suspension from the team for the rest of the season on the first offense. The athlete may join another sport if a parent certifies that the student is receiving professional counseling. On the second offense, the student will be denied eligibility for the remainder of the school year. All coaches were instructed to talk to their teams about the new policy.

Field hockey coach Linda Betley said she sat down her team and talked to them about the alcohol and drug policy during a practice.

According to anonymous students, although many teams have alcohol and drug problems, it is rare for people to get



Shakerite artwork by Becky Spagnuolo

have been suspended from the team for the season. Sedmak was pleased with the way that situation turned out, but he also said he supports the new policy.

Sedmak said that he is not aware of any problems with the policy on his team, but that it would be naive to think that problems are not there because of the immense pressure that kids can be under to use drugs or alcohol.

"If a kid knows that the rule is not to do it and he does it anyway, then he has a problem that needs to be fixed," Sedmak said.

Betley also commented that it would be naive of coaches and parents to not think that athletes would experiment with substances.

Recently two athletes were removed from their team because of a violation of the code.

Under the revised rules of the athletic code they will have to provide proof that they have received professional counseling before they can play another school

caught.

"There isn't a real problem, but there is some alcohol use," sophomore Sharon Yates said.

Yates said athletes can get away with violating the code by being careful where and with whom they use the illicit substances.

The athletic department commented that in their experience, most students had been good about following the policy.

David Sedmak, head coach of the varsity football team said he remembers an incident five years ago with a wrestler. The athlete was suspected of involvement with illicit substances but was straightened out and returned to the team.

Under the new rules, that student may

sport.

"I think that it is very unfortunate that other athletes who do it don't get caught," junior Rachel Hill said.

Some students think that athletes should get a second chance.

"There should be a warning before a player is kicked off their team," sophomore Patti Eppich said.

Other athletes feel that the administration should put more pressure on athletes to stop abusing drugs and alcohol.

The administration is taking a hard line concerning student athlete's use of alcohol and drugs, and the athletes seem to be getting the message.

"Now we know that the administration is serious," Eppich said.

Hacking away at boredom

BY STEVE KRESNYE
Staff Reporter

Through the years teens have discovered various activities to do in their free time. These activities have ranged anywhere from skateboarding to driving around aimlessly. Yet none has quite surpassed the phenomenon of the hacky sack.

The hacky sack is a small, stitched bag filled with beads or wax pellets. The hacky sack was originally designed to help soccer players develop their eye-foot coordination, but many non-soccer players enjoy playing with their sacks. The object of the hacky sack is

to keep the sack from touching the ground without using the hands or arms. The game may be played as an individual or in a group of unrestricted size, and the playing field may vary in a range as wide as from one's backyard to Long's Peak in Rocky Mountain National Park.

"It's fun to hack when you're bored. It's like you always figure there will be something to do, but if there isn't then you've got backup," said junior David Forker.

Many different types of people

enjoy hacky sacks. Students enjoy hacky sacks outside of the school, and in California there is even a professional hacky sack circuit.

"It seems to be something everyone can relate to, whether talented or not. It puts everyone on a common ground and fortunately that ground can be anywhere," sophomore James Taylor said.

Hacky sacks have experienced a decline in popularity in the past few years, but many people still enjoy hacking, according to Taylor.

•Places to Hack: •Coventry- If you don't mind mingling with people of alternative clothing styles, this is a great place to learn to hack around the experts.

•Van Aken Center: So what if no one else hangs out here? At least no one can make fun of your skills.

•Where to buy a hacky sack: There are many places in the Cleveland to buy hacky sacks. Most sporting goods stores carry hacky sacks for under ten dollars. Hacky sacks can also be found at novelty stores that specialize in seventies culture.

Just remember, be safe, and don't try anything too hard your first time.

RECREATIONAL
SPORTS

Raiders of the Month



MARA LEVI

Senior Mara Levi has helped to lead the women's soccer team to a 2-7 start this season. Levi's soccer skills come from experience and hard work.

Shakerite photo by Larry Latson



JAY MUNYASYA

Senior offensive guard Jay Munyasya helps to open up holes which allows the Raider running-backs to run wild against opposing defenses.

Shakerite photo by Larry Latson

Womens soccer starts 'rebuilding year'

BY SCOTT FULLER
Staff Reporter

They lost six seniors to graduation. Two players are attending other schools, two players are injured and the team is comprised primarily of underclassmen. Women's soccer coach Baird Wiehe's response to these unfortunate circumstances: "This is a rebuilding year."

The Raiders loss of several key players has caused this "rebuilding year" after last year's 9-5-2 record. Senior Heather Hanson was unable to play this season because of a foot injury, junior Sevy Maurer was lost to Kenston, and junior Jenny Tobin transferred to Gilmour. Tobin, who has played on a regional under-20 team, was recruited by Gilmour coach and ex-Force/Crunch star Kai Haaskivi. Haaskivi called Tobin the best

girl's soccer player in all Ohio. However, even after these setbacks and beginning the season with an unspectacular 2-6 record, the players keep a positive attitude about the season.

"We're not as experienced (as last year), but we've started coming together," said Mara Levi, who along with Toby Kramer, Vanya Green, Shana McCormack, Kelly Czyzak (injured), and Lisa Carlini make up the team's senior class. They are not angered by the coach's comments.

"(I'm) not angered, really, but frustrated," said Kramer. "It seems like every year we lose seniors and get so many new players and it would be nice to be on a winning team... But we have a lot of fun together."

"We're a lot more serious than last year. We've got a lot of work ahead of us," said sophomore goalie Jenny Mulligan. "But since the younger players have so much potential I think we'll do

really well."

Coach Wiehe was also pleased by the strong play of the younger players, such as freshmen Beth Moore, Dina Levi, and Abbey Fitch, and sophomores Holly Hukill, Callie Stokes and Emily West.

Rounding out the squad are the two juniors Julie Gallagher and Elizabeth Lim, who will add to the team's leadership and experience next year.

Kramer said this year will be devoted to strengthening the team for the future and providing the seniors with some essential leadership skills. She says they will not be concerned with their record.

Levi agreed.

"We're not that worried about it," she said. "It's not going to stop us from having a good time."



GET IT! Freshman Dina Levi chases the ball in a recent game. The team is rebuilding after losing several key players.

Shakerite photo by Larry Latson

RED RAIDER WRAP-UP

Football
RECORD: 4-0
LEL RECORD: 0-0

-The team plays at home Saturday against the Mentor Cardinals.

Womens Soccer
Record: 2-7:
METRO EAST RECORD: 1-0

-Led by Raider of the Month Mara Levi, the team travels to Byers Field on Tuesday to take on the Parma Lady Redmen.

Women's Tennis
RECORD: 13-4
LEL RECORD: 4-0

-Led by Plain Dealer player of the week Kristin Nardi, the team travels to Hawken tomorrow for a 4:30 p.m. match.

Men's Soccer
RECORD: 3-6
LEL RECORD: 1-1

-The team, led by sophomore Ben Cooper and senior Chris Morgan, travels to Mentor for a game Saturday.

Field Hockey
RECORD: 6-1-1
NEO RECORD: 4-0-1

-Powerhouse juniors Tonia Porras and Jennifer Webb lead Shaker into tomorrow's home match against Lakeridge.

W. Cross Country
The team so far has placed second and sixth.

-Tomorrow at 3:45 p.m. you can catch the women's cross country team at the Gilmour Invitational with a slew of runners leading the way.

M. Cross Country
Placed seventh out of 14 teams at Walsh.

Next at the Gilmour Invitational tomorrow.

Golf
RECORD: 7-12
LEL RECORD: 5-5

They will play Monday at home against Lakewood and Garfield at 4 p.m.

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